EMERGENCY ACTION PLAN (EAP)

In the event of a medical or safety emergency during the **2026 Atlantic University Rowing Championships Regatta**, the following procedures will be followed. The safety of athletes, coaches, volunteers, officials, and spectators is the highest priority of the regatta organizing committee.

For all emergencies, dial 911 immediately.

The plan is as follows:

1. **EMERGENCY PERSONNEL RESPONSIBILITIES**
2. **FIRST AID EQUIPMENT**
3. **REGATTA EMERGENCY ACCESS**
4. **SEVERE WEATHER AND LIGHTNING EVACUATION PROCEDURE**

IMPORTANT NOTE

All regatta volunteers, coaches, and officials should familiarize themselves with this **Emergency Action Plan** prior to the start of racing. Prompt and coordinated response is essential to ensure the safety of all participants.

1) EMERGENCY PERSONNEL RESPONSIBILITIES

Charge Person: Tyler Laidlaw

The Charge Person is responsible for assessing and managing the initial emergency. Responsibilities include:

- Assessing the initial situation, including **ABCs (Airway, Breathing, Circulation)** and any immediate dangers
- Directing the designated Call Person to contact **911**
- Providing first aid within the limits of their training
- Remaining with the injured individual until **Emergency Medical Services (EMS)** arrive

Call Person: Peter Webster

The Call Person is responsible for contacting emergency services.
Responsibilities include:

- Calling **911** and remaining on the phone until emergency services arrive
- Providing all required information including:
- Location of the incident
- Nature of the injury or emergency
- First aid already provided
- Contacting the injured athlete’s emergency contact if necessary

Control Person: Peter Webster

The Control Person is responsible for managing the surrounding area. Responsibilities include:

- Controlling the crowd (athletes, coaches, spectators, etc.)
- Ensuring emergency personnel have clear access to the injured individual
- Recruiting additional assistance if required
- Assisting the Charge Person as needed

2) FIRST AID EQUIPMENT

For minor first aid situations, the injured person should be directed to the First Aid attendants / St. John's Ambulance personnel, located near the Judges Tower. If no First Aid attendants / St. John's Ambulance personnel are present, the Charge Person should accompany the injured person to the first aid kit located in the North Star Rowing Club middle boat house.

For more serious incidents, emergency services should be contacted immediately.

Transporting an injured person off-site by personal vehicle is discouraged. Whenever possible, **wait for EMS or arrange safe transportation through emergency services or a family member.**

Available First Aid Equipment and Location

AED Defibrillator – in middle boat house by garage door of North Star Rowing Club

First Aid Kit – in middle boat house, next to AED, North Star Rowing Club

3) REGATTA EMERGENCY ACCESS

Emergency vehicle access is available via:

Crichton Avenue – Oakwood House access road North Star Rowing Club, Lake Banook Dartmouth, Nova Scotia

4) SEVERE WEATHER AND LIGHTNING EVACUATION PROCEDURE

The safety of athletes, coaches, officials, volunteers, and spectators is the highest priority of the regatta organizing committee. In the event of severe weather, including lightning, strong winds, or other hazardous conditions, the following procedures will be implemented.

Monitoring Weather

Weather conditions will be continuously monitored by the **Regatta Chair, Chief Umpire, and Charge Person** throughout the Regatta.

If lightning, thunder, or rapidly deteriorating weather conditions are observed, the **Chief Umpire and Regatta Chair may suspend racing immediately.**

Clearing the Course

Upon suspension of racing due to severe weather:

- All crews currently on the course will be instructed by umpires and safety launches to **return immediately to the nearest safe dock or landing area**.
- Crews in the warm-up area will be directed to **exit the water as quickly and safely as possible**.
- Safety launches will assist any crews requiring assistance returning to shore.
- Crews located at the start area may be directed by officials either to return along the shoreline or to land at the nearest safe dock depending on the urgency of the situation.

Evacuation of the Lake

If lightning or severe weather continues:

- All boats must **leave the water immediately**.
- Athletes and coaches should **move away from docks, metal racking, and open shoreline areas**.
- Participants should seek shelter in **Oakwood House, club buildings, vehicles, or other enclosed structures**.

Resumption of Racing

Racing will not resume until **30 minutes have passed since the last observed lightning strike or thunder** and conditions are deemed safe by the **Chief Umpire and Regatta Director**.

Land Area Evacuation

If severe weather or another emergency requires evacuation of the boat staging area:

- Athletes and spectators will be directed to **move to higher ground away from the shoreline and docks**.
- Volunteers and officials will assist in directing participants to **safe indoor locations or vehicles**.
- Emergency vehicles must be given **clear access via the Crichton Avenue access road**.

Evacuation from Start Area

In the event of severe weather or an emergency requiring evacuation of the course, the following procedures will apply:

Immediate Evacuation (Lightning or Severe Weather)
Crews located at or near the start line will be directed to immediately leave the racecourse and proceed to the nearest safe landing area at the Graham's Grove / Dragon Boat docks. Regatta volunteers will assist athletes and coordinate transportation or shelter if required.

Controlled Evacuation (5-Minute Warning)
If conditions allow for a controlled evacuation, crews will be directed by the umpires to leave the start area and row back along the shoreline to the North Star Rowing Club dock area following the established traffic pattern.

IMPORTANT NOTE

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