



Row Nova Scotia  
5516 Spring Garden Road, 4<sup>th</sup> Floor  
Halifax, NS B3J 1G6

## EMERGENCY ACTION PLAN

**Regatta Name:** Nova Scotia Sprints - Bud Myra Memorial Regatta

**Dates:** August 30, 2025

**Group Name:** Row Nova Scotia

**Ages:** 14-65+

### **FACILITY INFORMATION**

**Facility Name:** Lake Banook

**Facility Address:** 20 Boathouse Lane Dartmouth, NS

**Directions to reach the facility from a major intersection:**

Head northeast on Angus L. MacDonald Bridge, turn right onto Wyse Road, turn left onto Windmill Road for 450m, turn left onto Ochterloney Street for 750m, turn left onto Crichton Avenue for 250m, North Star Rowing Club is located on your right.

**First Aid Station:** Located at the base of the Judges Tower.

### **KEY CONTACT INFORMATION FOR LOCATION**

**Safety Advisor:** Tyler Laidlaw

**Safety Advisor Contact Information:** tlaidlaw@sportnovascotia.ca ; 902-425-5450 ext 510

**In case of emergency, who is the alternate person who would make the 911 call?:** Julie-Ann Vincent – Chief Umpire - 902-222-7533

### **EMERGENCY ITEM LOCATIONS**

**Emergency Phone – Location:** Judges Tower

**Identify special instructions required to make an Emergency Call:** no special instruction

**Describe the location of the main First Aid Kit:** First Aid station and the North Star boathouse.

**Who (at the time of your practice) is trained in First Aid?:** St. John Ambulance located at the base of the finish tower.