

Rowing Canada Aviron , National Beach Sprint Selection Trials , July 19-20 , 2025



Friday -18th	
8:45 AM	Beach and Course set up
1:00 PM	TRAINING
5:00 PM	
6:00 PM	Coaches Meeting

Schedule

TRIALS			
Saturday -19th		Sunday - 20th	
8:00 AM	Welcome & Blessing		
8:45 AM	Mens Open & Junior Solos TT	8:45 AM	Open Mixed & Junior Mixed Double TT
9:00 AM	Womens Open & Junior Solos TT		
9:45 AM	Mens Junior Solos      Final A	9:45 AM	Junior Mixed Double      Final A
		9:55 AM	Open Mixed Double      Heat 1
10:00 AM	Mens Open Solos      QF 1		Heat 2
		10:30 AM	Open Mixed Double      Final B
			Final A
10:50 AM	Womens Junior Solos      Heat 1	10:30 AM	AWARDS
			<i>RCA - Athletes Meeting</i>
11:00 AM	Womens Open Solos      Heat 1		
11:20 AM	Womens Junior Solos      Final A		
11:30 AM	Womens Open      QF 1		
12:30 PM	Final B		
	Final A		
	AWARDS		
	<i>RCA - Athletes Meeting</i>		

Rowing Canada Aviron , National Beach Sprint Selection Trials -  
July 19-20 , 2025  
Risser Beach, Lunenburg County  
Hosted By Row Nova Scotia  
Mens Solo

Time Trial		
<1. to Semi Finals, Rest to Quarter Finals>		
NAME	TIME	Rank
Aubrey Oldham (Leander RC)		1
Emerson Crick (Halifax RC)		2
Raphael Kaiser (Montreal RC)		3
Malcolm Gareau (North Star RC)		4
Brishen Hagan-Deschamps (North Star RC)		5
Chris Williams (North Star RC)		6
Kenneth Willson (North Star RC)		7

Quarter Finals		
< 1 to Semi final , Rest Eliminated >		

QF1- RACE TIME:		
NAME	TIME	Result
TT 4		
TT 5		

QF2- RACE TIME:		
NAME	TIME	Result
TT 2		
TT 7		

QF3 - RACE TIME:		
NAME	TIME	Result
TT 3		
TT 6		

Semi Finals		
< 1 to Final A , Rest to Final B>		

Semi 1- RACE TIME :		
NAME	TIME	Result
TT 1		
1 QF 1		

Semi 2- RACE TIME :		
NAME	TIME	Result
1 QF 2		
1 QF 3		



Finals		
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Final A- RACE TIME :		
NAME	TIME	Result
1 SF1		
1 SF2		

Final B- RACE TIME :		
NAME	TIME	Result
2 SF1		
2 SF 1		

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Risser Beach, Lunenburg County  
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Womens Open Solo

Time Trial		
<1 to 6 to Quarter Finals, Rest to Heats		
NAME	TIME	Rank
Sarah Pidgen (Dons RC)		1
Carling Zeeman (Sudbury RC)		2
Lucy MacLeod (North Star RC)		3
Elene Brett-Evans (Hanlan BC)		4
Ella Rose Duval (Montreal RC)		5
Grace Comes (North Star RC)		6
Caitlin Pails (Ridley Graduates BC)		7
Rachel Nicolaidis (Montreal RC)		8
Iris Fiddick (Orillia BC)		9
Amelia Wojtyk (North Star RC)		10

Heat 1		
< 1 to Quarter Finals , Rest Eliminated >		
Heat 1- RACE TIME :		
NAME	TIME	Result
TT 7		
TT 10		
Heat 2- RACE TIME :		
NAME	TIME	Result
TT 8		
TT 9		

Quarter Finals		
< 1 to Semi final , Rest Eliminated >		
QF 1- RACE TIME:		
NAME	TIME	Result
TT 1		
1 H1		
QF 2 RACE TIME:		
NAME	TIME	Result
TT 4		
TT 5		
QF 3- RACE TIME:		
NAME	TIME	Result
TT 2		
1 H2		
QF 4- RACE TIME:		
NAME	TIME	Result
TT 2		
TT 6		

Semi Finals		
< 1 to Final A , Rest to Final B>		
Semi 1- RACE TIME :		
NAME	TIME	Result
1 QF 1		
1 QF 2		
Semi 2- RACE TIME :		
NAME	TIME	Result
1 QF 3		
1 QF 4		



Finals		
Final A- RACE TIME :		
NAME	TIME	Result
1 SF1		1
1 SF2		2
Final B- RACE TIME :		
NAME	TIME	Result
2 SF1		3
2 SF2		4

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Rowing Canada Aviron , National Beach Sprint Selection Trials -  
July 19-20 , 2025  
Risser Beach, Lunenburg County  
Hosted By Row Nova Scotia  
Men's Junior Solos

Time Trial
<1 & 2 to Final >

NAME	TIME	Rank
Oliver Brennan (KRC)		1
Thomas Martins (North Star RC)		2



Final
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Final A- RACE TIME :

NAME	TIME	Result
1TT		1
2 TT		2

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Rowing Canada Aviron , National Beach Sprint Selection Trials -

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Risser Beach, Lunenburg County

Hosted By Row Nova Scotia

Womens Junior Solos

Time Trial		
<1 to F, Rest to Reps		
NAME	TIME	Rank
Autumn Prior (Orillia RC)		1
Jasmine Helfenstein (North Star RC)		2
Megane Helfenstein (North Star RC)		3

Heats		
< 1 to Final A , 2 warded 3rd place >		
R1- RACE TIME:		
NAME	TIME	Result
TT 3		
TT 2		

Finals		
Final A- RACE TIME :		
NAME	TIME	Result
TT 1		
1 H1		



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Rowing Canada Aviron , National Beach Sprint Selection Trials -  
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Risser Beach, Lunenburg County  
Hosted By Row Nova Scotia  
Mixed Junior Doubles

Time Trial
<1 & 2 to F, Rest to Reps

NAME	TIME	Rank
Autumn Prior , Oliver Brennan (KRC)		1
Thomas Martins, Esmee LeBlanc (North Star RC)		2



Final
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Final A- RACE TIME :

NAME	TIME	Result
TT 1		1
TT 2		2

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Rowing Canada Aviron , National Beach Sprint Selection Trials -  
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 Risser Beach, Lunenburg County  
 Hosted By Row Nova Scotia  
 Open Mixed Double



Time Trial		
<3 to Semi Finals , Rest to Heats>		
NAME	TIME	Rank
Sarah Pidgen, Aubrey Oldham (Leander/ Dons RC)		1
Lucy Macleod, Emerson Crick (Halifax/ North Star RC)		2
Ella Rose Duval, Raphael Kaiser (Montreal RC)		3
Nika Bud , Zoe Sacuta (North Star RC)		4
Kenneth Wilson, Amelia Wojtyk (North Star RC)		5

Quarter Finals		
< 1 to Semi Finals , Rest Eliminated >		
Heat 1- RACE TIME:		
NAME	TIME	Result
TT 4		
TT 5		

Semi Finals		
< 1 to Final A , 2 warded 3rd place >		
Heat 1- RACE TIME:		
NAME	TIME	Result
TT 1		
1 QF 1		

Heat 2- RACE TIME:		
NAME	TIME	Result
TT 2		
TT 3		

Finals		
Final B- RACE TIME		
NAME	TIME	Result
2 H1		
2 H2		

Final A- RACE TIME :		
NAME	TIME	Result
1 H1		
1 H2		

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