



Row Nova Scotia  
5516 Spring Garden Road, 4<sup>th</sup> Floor  
Halifax, NS B3J 1G6

## EMERGENCY ACTION PLAN

**Regatta Name:** Ice Breaker Regatta

**Dates:** May 24, 2025

**Group Name:** Row Nova Scotia

**Ages:** 14-65+

### **FACILITY INFORMATION**

**Facility Name:** Lake Banook

**Facility Address:** 20 Boathouse Lane Dartmouth, NS

#### **Directions to reach the facility from a major intersection:**

Head northeast on Angus L. MacDonald Bridge, turn right onto Wyse Road, turn left onto Windmill Road for 450m, turn left onto Ochterloney Street for 750m, turn left onto Crichton Avenue for 250m, North Star Rowing Club is located on your right. From North Star Rowing Club, head 50m west and you have arrived at Lake Banook.

### **KEY CONTACT INFORMATION FOR LOCATION**

**Safety Advisor:** Iain Carew

**Safety Advisor Contact Information:** [icarew@sportnovascotia.ca](mailto:icarew@sportnovascotia.ca) ; 902-377-2941

**In case of emergency, who is the alternate person who would make the 911 call?:** Julie-Ann Vincent – Chief Umpire – 902-222-7533

### **EMERGENCY ITEM LOCATIONS**

**Emergency Phone – Location:** Judges Tower

**Identify special instructions required to make an Emergency Call:** no special instruction.

**Describe the location of the main First Aid Kit:** Control commission, First Aid station (located at the base of the Judges Tower), and North Star boathouse.

**Who (at the time of your regatta) is trained in First Aid?:** St. John Ambulance located at the base of the Judges Tower.