

ROW NOVA SCOTIA SPRINTS REGATTA

Saturday July 13, 2024
Lake Banook, Dartmouth
Results - Official



Race#	Time	Category	Bow#	Club	Crew Suffix	Crew Names	Masters Age Adj (sec)	Race Time	Final Time
1	7:30 am	Womens Juniors 1x Time Trial	1	NSRC	Helfenstein, J	Jasmine Helfenstein		4:23.0	4:23.0
			4	NSRC	LeBlanc, E	Esmée LeBlanc		4:37.9	4:37.9
			2	MMAAC	Foster Thompson, P	Portia Foster Thompson		4:40.8	4:40.8
			6	NSRC	Helfenstein, M	Megane Helfenstein		4:41.8	4:41.8
			8	MMAAC	Ronayne, E	Ella Ronayne		4:45.0	4:45.0
			3	MMAAC	Marshall, L	Leiden Marshall		4:59.5	4:59.5
			7	NSRC	Gallupe, M	Madison Gallupe		5:25.9	5:25.9
			5	RPEI	Porter, E	Emma Porter		5:38.5	5:38.5
2	08:00	Mixed Open 2x Time Trial	7	NSRC	Helfenstein, J	Jasmine Helfenstein, Malcolm Gareau		4:08.7	4:08.7
			8	MMAAC	Foster Thompson, P	Portia Foster Thompson, Thomas Martens		4:09.9	4:09.9
			3	NSRC	Wilson, K	Kenneth Wilson, Robin Gurnsey		4:17.3	4:17.3
			4	TRRC	Hanley, C	Chantelle Hanley, Tim Randall		4:20.3	4:20.3
			5	RPEI	Reynard, B	Brendan Reynard, Grace Potter		4:46.5	4:46.5
			1	NSRC	Cooke, S	Sadie Cooke, Ben Cooke		4:48.3	4:48.3
			6	RPEI	Juarez Alvarez, D	Diego Juarez Alvarez, Maiké Juarez Alvarez		5:00.7	5:00.7
			2	TRRC	Steeves, K	Krista Steeves, Tim Sears		5:23.2	5:23.2
3	8:40 am	Womens Masters 2x Final 1	4	MMAAC	Storm, P	Phyllis Storm, Michelle Raiche-Marsden	16.4	4:52.2	4:35.8
			2	HRC	Evans, T	Tracey Evans, Mieke Hagesteijn	2.0	4:47.0	4:45.0
			3	TRRC	Burke, H	Helen Burke, Michele Leger	19.4	6:23.1	6:03.7
			1						
			5						
4	8:50 am	Womens Masters 2x Final 2	3	RPEI	Arsenault, J	Jennifer Arsenault, Marti Hopson	8.3	12:51.7	12:43.4
			4	HRC	Stevens, T	Trina Stevens, San Patten	10.3	4:48.7	4:38.4
			5	NSRC	Dorey, K	Kendra Dorey, Laura Dunn	3.3	4:44.3	4:41.0
			2	MMAAC	MacDougall, M	Meg MacDougall, Sappho Griffin	14.4	5:11.9	4:57.5
			1						
5	9:00 am	Womens Masters 2x Final 3	5	HRC	Silins, K	Katherine Silins, Hanika Nakagawa	0.3	4:40.8	4:40.5
			3	TRRC	Maclean, M	Mary Maclean, Chantelle Hanley	22.7	5:04.2	4:41.5
			4	HRC	Loewen, K	Krista Loewen, Alexa Petrie	0.0	4:55.1	4:55.1
			2	RPEI	Doucette, C	Cassidy Doucette, Jillian Boutilier	1.3	6:43.9	6:42.6
			1						
6	9:10 am	Womens Juniors 1x Para Womens 1x Final B	3	MMAAC	Marshall, L	Leiden Marshall		5:29.0	5:29.0
			4	NSRC	Gallupe, M	Madison Gallupe		6:02.3	6:02.3
			2	RPEI	Porter, E	Emma Porter		6:41.6	6:41.6
			5	HRC	Houtsma, J (Para 1x)	Jess Houtsma		8:31.0	8:31.0
			1						
7	9:20 am	Womens Juniors 1x Final A	3	NSRC	Helfenstein, J	Jasmine Helfenstein		4:36.6	4:36.6
			5	NSRC	Helfenstein, M	Megane Helfenstein		4:53.8	4:53.8
			1	MMAAC	Ronayne, E	Ella Ronayne		4:56.3	4:56.3
			2	MMAAC	Foster Thompson, P	Portia Foster Thompson		5:01.0	5:01.0
			4	NSRC	LeBlanc, E	Esmée LeBlanc		5:06.8	5:06.8

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8	9:30 am	Womens Senior 4x Mens Senior 2x Womens Novice 2x Final	2	NSRC	Wilson, K	Kenneth Wilson, Andrew Todd		3:56.2	3:56.2
			3	RPEI	Mah, L	Liah Mah, Mirthe DeHaan, Maikee Juarez Alvarez, Grace Potter		4:27.0	4:27.0
			4	RPEI	Porter, L (Novice 2x)	Lily Porter, Emmerson Bohan		5:27.0	5:27.0
			1						
			5						
9	9:40 am	Mens Masters 1x Final 1	5	NSRC	Casavechia, S	Sean Casavechia	3.0	4:00.2	3:57.2
			4	HRC	Poirier, P	Pierre Poirier	17.5	4:25.2	4:07.7
			2	TRRC	Randall, T	Tim Randall	17.5	4:29.0	4:11.5
			3	MMAAC	Yang, Z	Zixin Yang	2.2	5:15.0	5:12.8
			1						
10	9:50 am	Mens Masters 1x Final 2	3	HRC	Tyson, J	Jonathan Tyson	21.6	4:20.0	3:58.4
			5	MMAAC	Sebestik, M	Mark Sebestik	20.2	4:28.3	4:08.1
			4	TRRC	Oliver, E	Eric Oliver	18.9	4:58.7	4:39.8
			2	TRRC	Sears, T	Tim Sears	23.0	5:14.7	4:51.7
			1						
11	10:00 am	Mens Juniors 2x Final	4	NSRC	Gareau, M	Malcolm Gareau, Yunzhao Lyu		3:45.2	3:45.2
			3	MMAAC	Fitzpatrick-Walsh, D	Dylan Fitzpatrick-Walsh, Thomas Martens		4:01.6	4:01.6
			2	RPEI	Reynard, B	Brendan Reynard, Diego Juarez Alvarez		4:21.4	4:21.4
			1						
			5						
12	10:10 am	Womens Senior 1x Womens Senior Lwt 1x Final	3	HRC	Nakagawa, H	Hanika Nakagawa		4:30.4	4:30.4
			4	HRC	Petrie, A	Alexa Petrie		4:49.9	4:49.9
			2	RPEI	Mah, L (Lwt)	Liah Mah		4:51.0	4:51.0
			1						
			5						
13	10:50 am	Mixed Masters 2x Final 1	2	TRRC	Maclean, M	Mary Maclean, Tim Randall	25.8	4:22.0	3:56.2
			4	MMAAC	Raiche-Marsden, A	Alex Raiche-Marsden, Michelle Raiche-Marsden	21.7	4:21.2	3:59.5
			5	TRRC	Hanley, C	Chantelle Hanley, Eric Oliver	17.6	4:36.7	4:19.1
			3	TRRC	Leger, M	Michele Leger, Tim Sears	21.7	5:35.6	5:13.9
			1						
14	11:00 am	Mixed Masters 2x Final 2	4	HRC	Patten, S	San Patten, Jonathan Tyson	14.8	4:14.5	3:59.7
			2	HRC	Stevens, T	Trina Stevens, Pierre Poirier	14.8	4:22.9	4:08.1
			5	MMAAC	Marshall, K	Keli Marshall, Daniel Chevalier	10.7	4:23.9	4:13.2
			1	MMAAC	Yang, Z	Zixin Yang, Catherine Ozon	2.6	4:32.0	4:29.4
			3	MMAAC	Proulx, R	Richard Proulx, Meg MacDougall	9.3	4:45.3	4:36.0
15	11:10 am	Womens Juniors 4x Final	4	NSRC	Helpfenstein, J	Jasmine Helpfenstein, Megane Helpfenstein, Bianca Grossi, Esmée LeBlanc		4:14.3	4:14.3
			3	MMAAC	Ronayne, E	Ella Ronayne, Evelyn Spry, Leiden Marshall, Portia Foster Thompson		4:26.1	4:26.1
			2	RPEI	Porter, L	Lily Porter, Emmerson Bohan, Mirthe De Haan, Emma Porter		4:33.3	4:33.3
			1						
			5						
16	11:40 am	Womens Masters 4x Final	1	HRC	Evans, T	Tracey Evans, Jennifer Devitt, Trina Stevens, San Patten	9.8	4:17.3	4:07.5
			4	MMAAC	Marshall, K	Keli Marshall, Catherine Ozon, Phyllis Storm, Michelle Raiche-Marsden	7.0	4:16.8	4:09.8
			3	HRC	Silins, K	Katherine Silins, Krista Iowen, Mieke Hagesteijn, Hanika Nakagawa	0.5	4:22.7	4:22.2
			5	NSRC	Pletz, J	Jocelyn Pletz, Karen Kavanaugh, Irina Pashutin, Susan Duann	32.4	4:59.0	4:26.6
			2	RPEI	Doucette, C	Cassidy Doucette, Jillian Boutillier, Marti Hopson, Jennifer Arsenault	6.0	5:29.5	5:23.5

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17	12:10 pm	Mixed Open 2x Final 1	3	NSRC	Cooke, S	Sadie Cooke, Ben Cooke		4:45.0	4:45.0
			4	RPEI	Juarez Alvarez, D	Diego Juarez Alvarez, Maikee Juarez Alvarez		5:03.0	5:03.0
			2	TRRC	Steeves, K	Krista Steeves, Tim Sears		6:02.0	6:02.0
			1						
			5						
18	12:20 pm	Mixed Open 2x Final 2	3	NSRC	Helfenstein, J	Jasmine Helfenstein, Malcolm Gareau		4:12.7	4:12.7
			4	MMAAC	Foster Thompson, P	Portia Foster Thompson, Thomas Martens		4:25.5	4:25.5
			2	NSRC	Wilson, K	Kenneth Wilson, Robin Gurnsey		4:26.3	4:26.3
			5	TRRC	Hanley, C	Chantelle Hanley, Tim Randall		4:42.2	4:42.2
			1	RPEI	Reynard, B	Brendan Reynard, Grace Potter		5:03.0	5:03.0