



Row Nova Scotia Annual General Meeting

Wednesday February 21, 2024

Agenda

- Call to order
- Identification of voting delegates
- Approval of the agenda
- Approval of the previous year's minutes
- Reports
 - Membership Statistics
 - President's Report
 - Technical Director's Report
 - Coastal Report
 - High Performance Report
 - Treasurer's Report
- Election of Officers
- New Business
- Meeting adjournment

Membership Statistics

2022: April 1, 2022 to March 31, 2023; and 2023: April 1, 2023 to February 20, 2024

	ARC	HRC	LYC	MMAAC	NSRC	Total
2022	38 (8%)	153 (31%)	14 (3%)	193 (39%)	94 (19%)	492
2023	40 (8%)	181 (36%)	7 (1%)	147 (29%)	133 (26%)	508
	+5%	+18%	-50%	-24%	+42%	+3%

	Men	Women	Non-Binary	Undisclosed	U19
2022	183 (37%)	306 (62%)	0 (0%)	3 (1%)	107 (22%)
2023	202 (39%)	299 (59%)	3 (1%)	5 (1%)	148 (29%)
	+10%	-2%	+100%	+67%	+38%

	19-29	30-49	50-69	70+	LTR
2022	175 (36%)	109 (22%)	83 (17%)	18 (3%)	129
2023	153 (30%)	115 (23%)	83 (16%)	12 (2%)	142
	-13%	+6%	0%	-50%	+10%



President's Report

Emily Jago

External Work

- Continued work with RCA and PAC to establish a more cohesive vision for rowing in Canada.
- Accountability Committee representation

Participation

- Hosted Meet and Greet with Marnie McBean; goal to continue community events in a non-competitive setting
- Continue working with RCA on a coastal strategy and to host events in NS

Organizational Effectiveness

- SafeSport (RCA and Sport NS)
- Strategic Planning
- Staff hiring and programmatic planning

Coaching and Officiating

- Technical Director (Rob!)
- Certification
- Engagement

Looking Ahead

- Canada Games (2029)
- Coastal Rowing
- Implementation of Strategic Plan in phases
- Re-establish committees and recruit from broader rowing community
- Build in succession planning for board positions

A rowing team of nine women in a yellow boat on a lake. The background shows autumn foliage and houses. The text 'Technical Director's Report' is overlaid in large black font.

Technical Director's Report

Rob Richards

Vision for 2024

- Regatta & Event Development
- Coaches Network
- Coach Development
- Outreach
- Coastal Development

A photograph of three people in a white inflatable boat on a lake. The boat has 'LITE BOAT' written on its side. One person is in the middle, another is on the left, and a third is on the right. The background shows a forested shoreline under a blue sky with light clouds. The image is framed by blue geometric shapes on the left and right sides.

Coastal Report

Coastal Committee

Vision for 2024

- Row NS Coastal Committee & Technical Director plan to work collaboratively with clubs to maximize use of the Row NS coastal boats for the 2024 season to introduce new and current members to coastal rowing
- Row NS will recruit a summer student as Coastal Rowing Coordinator to support coastal rowing programs and events
- Row NS is in discussions with RCA to host a Beach Sprint Event

A person in a red jacket is rowing a boat on a calm lake. The background shows a forested hillside with autumn foliage. The image is framed by blue geometric shapes on the left and right sides.

High Performance Report

Tracy Stuart

2023 Performance Targets

- Athletes Named to Team Canada: 7 (2023 Goal was 3)
 - CanAmMex: 2+1 coach (**Sasha Anderson, Melanie Helfenstein, Rick Storm**)
 - U23 Worlds: **Emerson Crick (Bronze U23LM4x); Claire Ellison & Jana Peachey (Bronze U23W8+)**
 - World Rowing Champs: **Cody Bailey (8th M8+)**
 - Pan Am Games: **Emerson Crick (4th Mixed 8+; 5th LM2x)**

National Rowing Championships

- National Rowing Championships Medals: 4
 - Emmerson Crick: Gold U23M2-
 - Emily Munroe: Gold U23W1x
 - Claire Ellison: Bronze U23W2-
 - Melanie Helfenstein: Bronze JrW1x

Talent Identification

- Identify and enroll 1-3 athletes to program annually; **Identified 5, enrolled 4, currently only 1 participating**
- 1-2 TID athletes advance to Top 6 age/weight class performances at National Rowing Championships within 2 years of engaging the program; **Emily Munroe, NRC U23W1x champion (19months rowing); Melanie Helfenstein, NRC 3rd JW1x (15 months rowing)**
- 1-4 athletes advancing to RCA Next Gen or Senior National Team level by 2025 **Jana Peachey 3rd 2023 World Rowing Under 23 Championships; Cody Bailey 8th 2023 World Rowing Championships; Melanie Helfenstein CanAmMex 2023 Team Member**

Coaches Impacting Excellence Programs

- Patrick Cody
- Peter Webster
- Rick Storm
- Andrew Todd
- Rob Richards
- Chris Williams
- Colm Gribbin
- Robert Walsh

A photograph of two rowers on a lake, with a forested shoreline in the background. The image is overlaid with a blue geometric design on the right side. The text 'Treasurer's Report' is centered over the image.

Treasurer's Report

Warren Laybolt

Summary

- Regatta revenue roughly equal to last year, remains the main source of non-government funded revenue.
- First year of additional excellence funding (\$20,000), allocated almost entirely to Provincial Team expenses.
- Successfully hired and onboarded a Technical Director.
- Purchased two new singles for the Provincial Team, with payments continuing for next 2 years.
- Rowing Canada has announced they will be increasing dues and fees by roughly 4%.
 - Row NS may adjust seat fees to maintain flat \$ amount for ease of regatta administration.
- Overall 2023 results show a small cash flow gain for the year, with slightly over \$46,000 in account at year end.

2023 Financials

- Please refer to the December 2023 Financials document posted on our website to view the income statement and balance sheet.

Budget 2024

- Draft version of the budget complete, substantially the same as the budget for 2023.
 - Strategic Planning completed by the Board, will influence budget moving forward, including multi-year budget.
- Additional Budget Considerations:
 - Club Fees, Participant Fees to remain flat for 2024, but will likely need to be revisited in the future.
 - Budget does not currently explicitly account for hosting Coastal high performance events, but may be built in.
 - Some external funding may also be available.
 - Multi-year budget currently shows increasing cash flow deficits, which will need to be addressed by exploring the expansion of revenue sources available to Row NS.

2023 Board of Directors

President - Emily Jago

Vice President - Vacant

Treasurer - Warren Laybolt

Secretary - Laura Graham

Director at Large 1 - Brienne Miller

Director at Large 2 - Tracy Cameron Stewart

Director at Large 3 - Maddy Horne

Director at Large 4 - Austin Cameron

Director at Large 5 - Morgan Jarvis

Director at Large 6 - Vacant

Election of Officers

Proposed 2024 Slate of Officers:

President - Laura Graham

Past President - Emily Jago

Vice President - Jonathan Tyson

Treasurer - Warren Laybolt

Secretary - Vacant

Director at Large 1 - Brienne Miller

Director at Large 2 - Tracy Cameron Stewart

Director at Large 3 - Maddy Horne

Director at Large 4 - Austin Cameron

Director at Large 5 - Mark Sebestik

Director at Large 6 - Vacant

A photograph of two people rowing a red and white boat on a calm lake. The background is a dense forest of green trees under a bright sky. The image is framed by blue geometric shapes on the left and right sides. The text "New Business" is overlaid in the center in a bold, black, sans-serif font.

New Business

Adjournment

Thank you to our membership,
coaches, athletes, umpires and club
leadership for making 2023 a great
rowing season!

Thank you for coming out and we look
forward to 2024!