

2023 Atlantic Rowing Championships

Saturday, October 28th

Lake Banook, Dartmouth, Nova Scotia

Time Trials

Race #	Time	Event	Bow#	Club	Crew Suffix	Crew Names	Category	Masters Age Adj. (seconds)
1	7:45 AM	Womens Championship 2x Time Trial	1	NSRC	MacNab, M	Maya MacNab, Maggie Rodwell	Womens Senior 2x	
			2	DAL	Inkpen, S	Sophie Inkpen, Ava Dlugolecki	Womens U23 2x Lwt	
			3	HRC	Ioewen, K	Krista Ioewen, Hanika Nakagawa	Womens Senior 2x	
			4	StFX	Polson, F	Fiona Polson, Clew Meagher	Womens U23 2x	
			5	StFX	MacGregor, F	Frances MacGregor, Morgan Stull	Womens U23 2x	
			6	NSRC	Penner, M	Marina Penner, Mikaela Marchand	Womens U23 2x	
			7	DAL	Bub, N	Nika Bub, Jencin Kant	Womens U23 2x Lwt	
			8	GMR	Lopez, S	Sofia Lopez, Isabelle Gray	Womens Juniors 2x	
			9	MMAAC	Foster Thompson, P	Portia Foster Thompson, Stella Janes	Womens Juniors 2x	
			10	NSRC	Helfenstein, M	Megane Helfenstein, Melanie Helfenstein	Womens Juniors 2x	
2	8:00 AM	Mens Championship 1x Time Trial	1	DAL	Chevalier, J	Jay Chevalier	Mens U23 1x	
			2	NSRC	Hagan-Deschamps, B	Brishen Hagan-Deschamps	Mens Senior 1x Lwt	
			3	HRC	Davy, J	James Davy	Mens Senior 1x	
			4	NSRC	Casavechia, S	Sean Casavechia	Mens Senior 1x	
			5	NSRC	Wedgwood, L	Luke Wedgwood	Mens Senior 1x	
			6	NSRC	Gareau, M	Malcolm Gareau	Mens Juniors 1x	
			7	MMAAC	Martens, T	Thomas Martens	Mens Juniors 1x	
3	8:30 AM	Womens Championship 1x Time Trial	1	NSRC	Murphy, M	Madeleine Murphy	Womens Senior 1x Lwt	
			2	DAL	Inkpen, S	Sophie Inkpen	Womens U23 1x Lwt	
			3	NSRC	Macleod, L	Lucy Macleod	Womens Senior 1x	
			4	NSRC	Munroe, E	Emily Munroe	Womens U23 1x	
			5	HRC	Nakagawa, H	Hanika Nakagawa	Womens Senior 1x	
			6	DAL	Kulig, K	Kate Kulig	Womens U23 1x	
			7	DAL	Baxendale, M	Mara Baxendale	Womens U23 1x	
			8	DAL	Thompson, D	Daphne Thompson	Womens U23 1x	
			9	NSRC	Helfenstein, M	Melanie Helfenstein	Womens Juniors 1x	
			10	GMR	Clarke, H	Heather Clarke	Womens Juniors 1x	
			11	MMAAC	Ronayne, E	Ella Ronayne	Womens Juniors 1x	

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4	9:20 AM	Mens Championship 1x Final B	1					
			2					
			3	#N/A	Time Trial#6	#N/A		#N/A
			4	#N/A	Time Trial#7	#N/A		#N/A
			5					
5	9:30 AM	Mens Championship 1x Final A	1	#N/A	Time Trial#5	#N/A		#N/A
			2	#N/A	Time Trial#3	#N/A		#N/A
			3	#N/A	Time Trial#1	#N/A		#N/A
			4	#N/A	Time Trial#2	#N/A		#N/A
			5	#N/A	Time Trial#4	#N/A		#N/A
6	9:40 AM	Women's Championship 2x Final B	1	#N/A	Time Trial#10	#N/A		#N/A
			2	#N/A	Time Trial#8	#N/A		#N/A
			3	#N/A	Time Trial#6	#N/A		#N/A
			4	#N/A	Time Trial#7	#N/A		#N/A
			5	#N/A	Time Trial#9	#N/A		#N/A
7	9:50 AM	Women's Championship 2x Final A	1	#N/A	Time Trial#5	#N/A		#N/A
			2	#N/A	Time Trial#3	#N/A		#N/A
			3	#N/A	Time Trial#1	#N/A		#N/A
			4	#N/A	Time Trial#2	#N/A		#N/A
			5	#N/A	Time Trial#4	#N/A		#N/A
8	10:00 AM	Mens Championship 4-Final	1					
			2					
			3	StFX	Cestra, A	Alex Cestra, Ben Collins MacKay, Mitchell Bailey, Jack Harding	Mens U23 4-	
			4	NSRC	Hagan-Deschamps, B (EX)	Brishen Hagan-Deschamps, Yunzhao Lyu, Noel Balsor, Malcolm Gareau	Mens Senior 4+	
			5					
9	10:10 AM	Mens Novice 1x Final	1	GMR	Yang, M	Muen Yang		
			2	MMAAC	Fitzpatrick Walsh, D	Dylan Fitzpatrick Walsh		
			3	NSRC	Legere, M	Max Legere		
			4	NSRC	Stafford, E	Ethan Stafford		
			5	NSRC	Myers, C	Callum Myers		
10	10:20 AM	Womens Masters 2x Final	1					
			2	NSRC	Berette, M	Megan Berette, Katarina Marinic		1.0
			3	HRC	Evans, T	Tracey Evans, Jennifer Devitt		10.3
			4	NSRC	Dunn, L	Laura Dunn, Kendra Dorey		2.3
			5	HRC	Letman, M	Mary Margaret Letman, Mieke Hagesteijn		0.6
11	10:30 AM	Mens Masters 4x Final	1					
			2					
			3	MMAAC	Proulx, R	Richard Proulx, Mark Sebestik, Daniel Chevalier, Alex Raiche-Marsden		16.4
			4	HRC	Ellis, R	Robert Ellis, Pierre Poirier, Jonathan Tyson, Michael Vandenburg		14.2
			5					

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12	10:40 AM	Mens Championship 2x Final	1					
			2	MMAAC	Birchall, S	Sean Birchall, Benjamin Gammon	Mens Juniors 2x	
			3	StFX	Andrews-O'Connor, C	Colin Andrews-O'Connor, Tom Van Esseveldt	Mens U23 2x	
			4	DAL	Craig, M	Matthew Craig, Ethan Li	Mens U23 2x	
			5	NSRC	Burke, J	Jordan Burke, Andrew Todd	Mens Senior 2x	
13	10:50 AM	Womens Championship 1x Final B	1					
			2					
			3	#N/A	Time Trial#10	#N/A	#N/A	
			4	#N/A	Time Trial#11	#N/A	#N/A	
			5					
14	11:00 AM	Womens Championship 1x Final B	1					
			2	#N/A	Time Trial#8	#N/A	#N/A	
			3	#N/A	Time Trial#6	#N/A	#N/A	
			4	#N/A	Time Trial#7	#N/A	#N/A	
			5	#N/A	Time Trial#9	#N/A	#N/A	
15	11:10 AM	Womens Championship 1x Final A	1	#N/A	Time Trial#5	#N/A	#N/A	
			2	#N/A	Time Trial#3	#N/A	#N/A	
			3	#N/A	Time Trial#1	#N/A	#N/A	
			4	#N/A	Time Trial#2	#N/A	#N/A	
			5	#N/A	Time Trial#4	#N/A	#N/A	
16	12:10 PM	Womens Novice 1x Final	1					
			2	MMAAC	Marshall, L	Leiden Marshall		
			3	NSRC	Helfenstein, M	Megane Helfenstein		
			4	NSRC	LeBlanc, E	Esmee LeBlanc		
			5					
17	12:20 PM	Mens Masters 2x Final	1					
			2	StFX	Kennedy, A	Angus Kennedy, Grady Squires	Mens U23 2-	
			3	HRC	Vandenburg, M	Michael Vandenburg, Jonathan Tyson		12.1
			4	NSRC	Warner, S	Sean Warner, Mark Walsh		10.9
			5					
18	12:30 PM	Womens Masters 4x Final	1					
			2	StFX	Mickanuck, O	Olivia Mickanuck, Kya Girard, Kamryn Ivan, Lauren Harback	Womens U23 4-	
			3	MMAAC	Marshall, K	Keli Marshall, Meg MacDougall, Catherine Ozon, Michelle Raiche-Marsden		2.2
			4	HRC	Evans, T	Tracey Evans, Trina Stevens, Mary Margaret Letman, Jennifer Devitt		5.1
			5					
19	12:40 PM	Womens Masters 1x Final	1					
			2					
			3	HRC	Devitt, J	Jennifer Devitt		13.0
			4	NSRC	MacDonald	Kendra MacDonald		3.8
			5					

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20	1:00 PM	Womens Championship 4x Final	1	StFX	Kennedy, A	Angus Kennedy, Grady Squires	Mens U23 2-	
			2	MMAAC	Ronayne, E	Ella Ronayne, Portia Foster Thompson, Leiden Marshall, Stella Janes	Womens Juniors 4x	
			3	GMR	Brushett, E	Elena Brushett, Sofia Lopez, Isabelle Gray, Heather Clarke	Womens Juniors 4x	
			4	DAL	Peitsch, H	Hannah Peitsch, Frida Kaeubler-DeLong, Claire Ponesse, Arenn Osadzuk	Womens U23 4x	
			5	DAL	Chircop, A	Antonia Chircop, Kate Kulig, Mara Baxendale, Ava Dlugolecki	Womens Senior 4x	
21	1:10 PM	Mens Novice 2x Final	1	GMR	Yang, M	Muen Yang, Connor Andjelic		
			2	DAL	Dickson, J (EX)	Joshua Dickson, Shaoyu Qi		
			3	NSRC	Legere, M	Max Legere, Ethan Stafford		
			4	GMR	Thompson, S	Simon Thompson, Christos Giannou		
			5					
22	1:20 PM	Mixed Masters 2x Final	1					
			2	HRC	Hagesteijn, M	Mieke Hagesteijn, Pierre Poirier		4.9
			3	HRC	Devitt, J	Jennifer Devitt, Michael Vandenburg		9.3
			4	HRC	Stevens, T	Trina Stevens, Jonathan Tyson		14.8
			5	HRC	Nakagawa, H	Hanika Nakagawa, James Davy		3.4
23	1:30 PM	Mens Championship 4x Final	1					
			2					
			3	MMAAC	Birchall, S	Sean Birchall, Dylan Fitzpatrick Walsh, Benjamin Gammon, Thomas Martens	Mens Juniors 4x	
			4	DAL	Craig, M	Matthew Craig, Shaoyu Qi, Joshua Dickson, Ethan Li	Mens Senior 4x	
			5					
24	1:40 PM	Womens Championship 2-Final	1	NSRC	Pelham, J	Jenna Pelham, Julia Mills	Womens Senior 2-	
			2	StFX	Sahu, C	Corinna Sahu, Bryn Florence	Womens U23 2-	
			3	DAL	Sacuta, Z	Zoe Sacuta, Kate Sawyer	Womens U23 2-	
			4	NSRC	Munroe, E	Emily Munroe, Lucy Macleod	Womens Senior 2-	
			5	DAL	Crewe, O	Olivia Crewe, Deanna Salmon	Womens Senior 2-	
25	1:50 PM	Mens Masters 1x Final	1					
			2					
			3	HRC	Pierre Poirier, P	Pierre Poirier		16.1
			4	HRC	Vandenburg, M	Michael Vandenburg		6.6
			5					
26	2:00 PM	Womens Novice 2x Final	1					
			2	NSRC	LeBlanc, E	Esmee LeBlanc, Megane Helfenstein		
			3	DAL	Vivian, A	Abigail Vivian, Frida Kaeubler-DeLong		
			4	GMR	Gowan, T (EX)	Tara Gowan, Madison Gallupe		
			5	GMR	Woolley, C	Charlotte Woolley, Kara Lee		
27	2:10 PM	Mens Championship 8+ Final	1					
			2	StFX	Smith, E	Emma Smith (cox), Caleb-devan Mailman, Jack Harding, Mitchell Bailey, Colin Andrews-O'Connor, Angus Kennedy, Tom Van Esseveldt, Ethan Copp, Grady Squires	Mens U23 8+	
			3	StFX	Maiorino, G	Gabriel Maiorino (cox), Jacob Cruchet, Sam Chapman, Christian Rumler, Rex Carter, Charlie Caddick, Niall Nanjad, Thomas Clements, Noah D'Entremont	Mens U23 8+	
			4	NSRC	Emsley, G	Gail Emsley (cox), Brishen Hagan-Deschamps, Austin Cameron, Yunzhao Lyu, Connor Andjelic, Sean Casavechia, Iain Carew, Jordan Burke, Andrew Todd	Mens Senior 8+	
			5					

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28	2:30 PM	Mixed Masters 4x Final	1	GMR	LeBlanc, E (EX)	Esmee LeBlanc, Simon Thompson, Christos Giannou, Muen Yang	Mens Novice 4x	
			2	MMAAC	Proulx, R	Richard Proulx, Cynthia Hoskins, Rhonda Wilson, Daniel Chevalier		22.1
			3	HRC	Evans, T	Tracey Evans, Michael Vandenburg, Jonathan Tyson, Jennifer Devitt		10.9
			4	HRC	Letman, M	Mary Margaret Letman, Pierre Poirier, Robert Ellis, Mieke Hagesteijn		5.4
			5	DAL	Chevalier, J (EX)	Jay Chevalier, Holden Gould, Olivia Crewe, Deanna Salmon		0.0
29	2:40 PM	Womens Novice 4x Final	1					
			2					
			3	StFX	Smith, J	Jenna Smith, Olivia Harding, Kate Harding, Madison Conrad		
			4	GMR	Lee, K	Kara Lee, Madison Gallupe, Carolina Wing-Matier, Charlotte Woolley		
			5					
30	2:50 PM	Womens Championship 8+ Final	1					
			2	StFX	Maiorino, G	Gabriel Maiorino (cox), Alyssa Spridgeon, Kya Girard, Clew Meagher, Fiona Polson, Corinna Sahu, Bryn Florence, Frances MacGregor, Morgan Stull	Womens U23 8+	
			3	StFX	Disney, G	Grace Disney (cox), Noelle MacDougall, Isabella Heinemann, Madelyne Bradfield, Madeline Heggie, Julia Crean, Piper Bullivant, Lu Walsh, Grace Potter	Womens U23 8+	
			4	DAL	Ondracka, L	Leah Ondracka (cox), Jencin Kant, Hannah Peitsch, Daphne Thompson, Nika Bub, Claire Ponesse, Kate Sawyer, Arenn Osadzuk, Zoe Sacuta	Womens U23 8+	
			5	GMR	Rankin, C	Chloe Rankin (cox), Jenna Pelham, Sofia Lopez, Gail Emsley, Tara Gowan, Elena Brushett, Madeleine Murphy, Isabelle Gray, Heather Clarke	Womens Senior 8+	