

# Row Nova Scotia Ice Breaker Regatta

May 27, 2023

Flight #	Time	Category	Bow#	Club	Crew Suffix	Crew Names	Masters Age Adj (sec)	GMS	Race Time	Penalty	Final Time	%GMS	Comments	
1	7:30 AM	Womens Senior 4x	1	NSRC	Krasnor, K	Kayla Krasnor, Tara Gowan, Antonia Chircop, Olivia Crewe		13:06.9	18:56.4		18:56.4	69.2		
		Womens Senior 4x	2	HRC	Evans, T	Tracey Evans, Mary Margaret Letman, San Patten, Jennifer Devitt		13:06.9	19:49.1		19:49.1	66.2		
		<b>Womens Senior 4x</b>	<b>3</b>	<b>NSRC</b>	<b>Mills, J</b>	<b>Julia Mills, Madeleine Murphy, Jessica Harmon, Ava Dlugolecki</b>		<b>13:06.9</b>	<b>18:05.1</b>		<b>18:05.1</b>	<b>72.5</b>		
		Womens Masters 2x	4	HRC	Barker, M	Melissa Barker, Jasmine Frickleton	00:06.8		21:42.3		21:35.5			
		Womens Masters 2x	5	MMAAC	Hoskins, C	Cynthia Hoskins, Meg MacDougall	00:44.4		23:36.7		22:52.3			
		<b>Womens Masters 2x</b>	<b>6</b>	<b>MMAAC</b>	<b>Marshall, K</b>	<b>Keli Marshall, Michelle Raiche-Marsden</b>	<b>00:48.7</b>		<b>20:38.2</b>		<b>19:49.4</b>			
		Womens Masters 2x	7	MMAAC	Wilson, R	Rhonda Wilson, Sandra Bermingham	01:23.3		23:43.0	00:30.0	22:49.7		Interference	
		Womens Masters 2x	8	NSRC	Duann, S	Sue Duann, Karen Kavanaugh	02:06.8		23:41.8		21:35.0			
		Mens U23 1x	9	NSRC	Baker, O	Oliver Baker		14:20.0	21:01.1		21:01.1		68.2	
		Mens U23 1x	10	NSRC	Chevalier, J	Jay Chevalier		14:20.0	18:37.2		18:37.2		77.0	
		<b>Mens U23 1x</b>	<b>11</b>	<b>NSRC</b>	<b>Walsh, R</b>	<b>Robert Walsh</b>		<b>14:20.0</b>	<b>18:33.6</b>		<b>18:33.6</b>		<b>77.2</b>	
		Mens U23 1x	12	NSRC	Stender, T	Tom Stender		14:20.0	19:03.7		19:03.7		75.2	
		Mens U23 1x	13	NSRC	Bowman, J	Josh Bowman		14:15.7	20:53.5		20:53.5		68.3	
		<b>Mens Juniors 1x</b>	<b>14</b>	<b>NSRC</b>	<b>Martens, B</b>	<b>Ben Martins</b>		<b>14:37.2</b>	<b>19:03.3</b>		<b>19:03.3</b>		<b>76.7</b>	
		Mens Juniors 1x	15	MMAAC	Birchall, S	Sean Birchall		14:37.2	25:39.5		25:39.5		57.0	
		Mens Juniors 1x	16	NSRC	Gareau, M	Malcolm Gareau		14:37.2	24:12.9		24:12.9		60.4	
		Mens Juniors 1x	17	MMAAC	Gammon, B	Benjamin Gammon		14:37.2	28:09.5	00:30.0	28:39.5		51.0	Missed buoy
Flight #	Time	Category	Bow#	Club	Crew Suffix	Crew Names	Masters Age Adj (sec)	GMS	Race Time	Penalty	Final Time	%GMS		
2	8:30 AM	Mens Masters 4x	1	HRC	Vandenburg, M	Michael Vandenburg, Steve Coats, Jonathan Tyson, Pierre Poirier	00:46.7		19:18.0		18:31.2			
		<b>Mens Masters 4x</b>	<b>2</b>	<b>MMAAC</b>	<b>Sebestik, M</b>	<b>Mark Sebestik, Alex Raiche Marsden, Joseph Rowlands, Richard Proulx</b>	<b>01:15.2</b>		<b>19:18.5</b>		<b>18:03.3</b>			
		Womens Senior 2x	3	HRC	Patten, S	San Patten, Jennifer Devitt		14:11.4	22:54.3		22:54.3		62.0	
		Womens Senior 2x	4	NSRC	Crewe, O	Olivia Crewe, Kayla Krasnor		14:11.4	20:51.6		20:51.6		68.0	
		Womens Senior 2x	5	HRC	Hagesteijn, M	Mieke Hagesteijn, Tracey Evans		14:11.4	22:11.4		22:11.4		63.9	
		<b>Womens Senior 2x</b>	<b>6</b>	<b>NSRC</b>	<b>Macleod, L</b>	<b>Lucy Macleod, Emily Munroe</b>		<b>14:11.4</b>	<b>19:35.1</b>		<b>19:35.1</b>		<b>72.45</b>	
		Womens U23 2x	7	NSRC	Foster Thompson, M	Maya Foster Thompson, Nika Bub		14:32.9	22:45.8		22:45.8		63.9	
		Womens U23 2-	8	NSRC	Salmon, D	Deanna Salmon, Francesca Sivilotti		14:58.7	20:58.7		20:58.7		71.4	
		Womens Juniors 2x	9	NSRC	Gray, i	Isabelle Gray, Heather Clarke		15:03.0	21:54.4		21:54.4		68.7	
		<b>Womens Juniors 2x</b>	<b>10</b>	<b>NSRC</b>	<b>Anderson, S</b>	<b>Sasha Anderson, Melanie Helfenstein</b>		<b>15:03.0</b>	<b>19:45.0</b>	<b>01:00.0</b>	<b>20:45.0</b>		<b>72.53</b>	No passing zone violation
		<b>Womens Masters 1x</b>	<b>11</b>	<b>NSRC</b>	<b>MacDonald, K</b>	<b>Kendra MacDonald</b>	<b>00:16.3</b>		<b>23:05.3</b>		<b>22:49.1</b>			
		Womens Masters 1x	12	MMAAC	Marshall, K	Keli Marshall	00:26.2		24:10.6		23:44.4			
		Womens Masters 1x	13	NSRC	Pletz, J	Jocelyn Pletz	02:25.4		26:37.5		24:12.1			
Flight #	Time	Category	Bow#	Club	Crew Suffix	Crew Names	Masters Age Adj (sec)	GMS	Race Time	Penalty	Final Time	%GMS		
3	9:30 AM	Womens Novice 4+	1	NSRC	Salmon, D	Deanna Salmon (cox), Esmee LeBlanc, Jasmin Helfenstein, Megane Helfenstein, Ben Cooke			08:33.7		08:33.7			
		Mens Novice 2x	2	MMAAC	Fitzpatrick Walsh, D	Dylan Fitzpatrick Walsh, Benjamin Gammon			08:04.8		08:04.8			
		Womens Novice 2x	3	MMAAC	Clifford, N	Naomi Clifford, Leiden Marshall			09:09.7		09:09.7			

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4	10:45 AM	Womens Senior 8+	1	NSRC	Reid, L	Lily Reid (cox), Madeleine Murphy, Tara Gowan, Kathleen Sawyer, Daphne Thompson, Jencin Kant, isabelle gray, Francesca Sivilotti, Deanna Salmon		12:36.8	18:58.2		18:58.2	66.5
		<b>Womens Masters 4x</b>	<b>2</b>	<b>HRC</b>	<b>Evans, T</b>	<b>Tracey Evans, Mieke Hagesteijn, Melissa Barker, Jennifer Devitt</b>	<b>00:08.2</b>		<b>20:26.5</b>		<b>20:18.3</b>	
		Womens Masters 4x	3	MMAAC	Hoskins, C	Cynthia Hoskins, Rhonda Wilson, Sandra Bermingham, Meg MacDougall	00:58.7		23:30.0		22:31.3	
		Mens Senior 2x	4	NSRC	Burke, J	Jordan Burke, Oliver Baker		12:58.3	19:05.1		19:05.1	68.0
		<b>Mens U23 2x</b>	<b>5</b>	<b>NSRC</b>	<b>Bowman, J</b>	<b>Josh Bowman, Jay Chevalier</b>		<b>13:11.2</b>	<b>17:56.0</b>		<b>17:56.0</b>	<b>73.5</b>
		<b>Mens Juniors 2x</b>	<b>6</b>	<b>MMAAC/NSRC</b>	<b>Storm, I</b>	<b>Iziak Storm, Benjamin Martens</b>		<b>13:32.7</b>	<b>19:08.3</b>		<b>19:08.3</b>	<b>70.8</b>
		Mens Senior 2-	7	NSRC	Hagan-Deschamps, B	Brishen Hagan-Deschamps, Austin Cameron		13:19.8	19:13.2		19:13.2	69.4
		Mens Juniors 2x	8	NSRC	Gareau, M	Malcolm Gareau, Ben Cooke		13:32.7	22:47.1		22:47.1	59.4
Flight #	Time	Category	Bow#	Club	Crew Suffix	Crew Names	Masters Age Adj (sec)	GMS	Race Time	Penalty	Final Time	%GMS
5	11:45 AM	Mens Senior 4-	1	NSRC	Hagan-Deschamps, B	Brishen Hagan-Deschamps, Robert Walsh, Tom Stender, Austin Cameron		12:11.0	17:59.8		17:59.8	67.7
		Mens Senior 4x	2	HRC	Vandenburg, M	Michael Vandenburg, Steve Coats, Jonathan Tyson, Pierre Poirier		11:53.8	18:55.7		18:55.7	62.8
		Womens U23 4+	3	NSRC	Reid, L	Lily Reid (cox), Kathleen Sawyer, Daphne Thompson, Jencin Kant, Nika Bub		14:11.4	23:20.0		23:20.0	60.8
		Mens Masters 2x	4	MMAAC	Proulx, R	Alex Raiche Marsden, Richard Proulx	01:29.4		22:18.2		20:48.8	
		Womens Senior 1x	5	NSRC	Macleod, L	Lucy Macleod		15:15.9	24:14.0		24:14.0	63.0
		<b>Womens Senior 1x</b>	<b>6</b>	<b>NSRC</b>	<b>Mills, J</b>	<b>Julia Mills</b>		<b>15:15.9</b>	<b>21:25.0</b>		<b>21:25.0</b>	<b>71.3</b>
		Womens U23 1x	7	NSRC	Harmon, J	Jessica Harmon		15:37.4	22:16.8		22:16.8	70.1
		Womens U23 1x	8	NSRC	Foster Thompson, M	Maya Foster Thompson		15:37.4	25:31.1		25:31.1	61.2
		Womens U23 1x	9	NSRC	Dlugolecki, A	Ava Dlugolecki		15:37.4	24:12.1		24:12.1	64.6
		<b>Womens U23 1x</b>	<b>10</b>	<b>NSRC</b>	<b>Munroe, E</b>	<b>Emily Munroe</b>		<b>15:37.4</b>	<b>21:31.2</b>		<b>21:31.2</b>	<b>72.6</b>
		<b>Womens Juniors 1x</b>	<b>11</b>	<b>NSRC</b>	<b>Anderson, S</b>	<b>Sasha Anderson</b>		<b>15:54.6</b>	<b>21:43.0</b>		<b>21:43.0</b>	<b>73.3</b>
		Womens Juniors 1x	12	NSRC	Helfenstein, M	Melanie Helfenstein		15:54.6	22:58.5		22:58.5	69.2
		Womens Juniors 1x	13	MMAAC	Ronayne, E	Ella Ronayne		15:54.6	25:00.6		25:00.6	63.6