



**2022 Canada Games
Row Nova Scotia Athlete Application & Athlete Information Form:**

Please complete all sections. The final section must be signed and dated by the athlete and a parent/guardian if the athlete is under the age of 18.

Personal Information	
First Name	
Last Name	
Sex (Male/Female)	
Date of Birth	
Primary Phone Number	
Alternative Phone Number	
Athlete Email Address	
Parent's Email Address (if under 18)	
RCA Number	
Current Weight (for LWTs)	

Club and Coach Information	
Current Club	
Current Coach Name	
Coach Email Address	
Coach Phone Number	
Are you currently a member in good standing with your club, Row NS, and Rowing Canada Aviron? Answer yes or no	

Selection Process		
1	I have read and understand the 2022 Row NS Canada Games Selection Document. I acknowledge that there are minimum standards that must be met, and that meeting these standards does not guarantee me a spot on the team. Answer yes or no .	
2	I intend to try out for the following disciplines (please list all from the list below): Sweeping (P/S/Both), Sculling, Lightweight, Coxswain	
3	I understand that I must trial at the Small Boat Trials if I have only met the minimum ergometer standard, not the selection ergometer standards. Answer yes or no .	
4	I understand that I must weigh-in prior to selection events to be considered for lightweight crews. Before July 1 st – Men 74kg, Women 61kg. After July 1 st – Men 72.5kg, Women 59kg. Answer yes or no .	

Performance	
Best 2km ergometer score of 2022 (time and date of test):	Time: Date:
Personal Best 2km ergometer score:	Time:
Have you been selected to represent Canada at an International event (listed in the selection document) for 2022? Answer yes or no . If yes, please indicate the event.	

Administration:

I understand that representing Nova Scotia is a privilege and I will uphold high standards of behavior on and off the water. I will abide by team rules and the rules governing rowing, the Canada Games and Team Nova Scotia, including fair play and anti doping. I am responsible for attending and completing all Team Nova Scotia events and online classes.

Name: _____

Date: _____

If athlete is under the age of 18

Parent's/Guardian's Name: _____

Date: _____