



Row Nova Scotia  
5516 Spring Garden Road, 4<sup>th</sup> Floor  
Halifax, NS B3J 1G6

## **Head Coach – Rowing 2022 Canada Summer Games**

**Position:** Volunteer Head Coach – 2022 Canada Games Rowing Team

**Length of Position:** January 1, 2022 through August 31, 2022

**Application Deadline:** Monday, November 15, 2021 at 11:59pm (AST), via e-mail to [rowing@rowns.ca](mailto:rowing@rowns.ca).

Provide resumé with documentation of full qualifications.

### **Scope and Structure:**

Row Nova Scotia is seeking a volunteer Head Coach for the 2022 Canada Summer Games in Niagara, Ontario. The successful applicant will be responsible for coaching the Canada Games Team from January 1, 2022, until August 31, 2022, at the completion of the 2022 Canada Games Rowing Program.

The Canada Games are an important part of the developmental pathway for young athletes, and it is essential that their experiences are positive and contribute to a healthy relationship with the sport of rowing.

As such, the Head Coach will be responsible for developing and implementing an age- and stage-specific training program for their athletes, and for the technical training of athletes during the period leading up to Canada Games. The Head Coach will also be responsible for athletes at regattas and camps prior to and including Canada Games where athletes are competing or training as Canada Games-designated athletes.

The Head Coach will monitor athletes' athletic performance and mental well-being, liaising with staff and partners to provide high quality, holistic care. The Head Coach is responsible for making team selections, in accordance with Row NS performance standards and in conjunction with the Row NS High Performance Committee.

The Head Coach will work closely and collegially with other members of the Row NS Canada Games staff, as well as partners in other sporting and provincial organizations. The Head Coach will assist the Team Manager with logistics, and support the athletes in the competition environment at the Canada Games.

The Head Coach will report to the High Performance Committee of Row NS, and by extension the Row NS Board of Directors.



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### **Required Qualifications:**

The Head Coach shall have or obtain the following qualifications at least 90 days prior to the opening ceremonies (May 8, 2022). In the event that you do not meet the qualifications at the time of applying we ask that you please outline your plan (including a timelines of key dates) to meet the required qualifications in your application.

- Three years' coaching experience at the provincial/development level;
- RCA Performance Coach Certification;
- A valid Pleasure Craft Operator's Card;
- A clean Criminal Records and Vulnerable Sector Check;
- Completed NCCP Safe Sport Training;
- A working knowledge of Row NS's policies and procedures;
- An exemplary track record of working closely and collaboratively with fellow coaches and administrators;
- Proficient computer skills;
- A valid Class 5 driving license and access to transportation to all practices and required events;
- Must be committed to continuing coaching education by attending coaching symposiums, lectures, workshops, etc.;
- Must be available for all noted responsibilities; and
- Must be able to prove that you meet the above criteria.

### **Desired Qualifications:**

The possession of the following qualifications will greatly enhance the performance of the Head Coach's duties:

- Formal education in the field of sport science or a related area of study; and
- Certification in complimentary areas of sport (i.e. gymnastics, fitness certification, etc.).

### **Responsibilities Include:**

Athlete Support:

- Identify all potential Canada Games Rowing Team athletes for 2022.
- Develop training plans for all athletes.
- Work with the Row NS Provincial Coach to implement and monitor individual athletes' training objectives.
- Provide on-water and off-water technical coaching that is consistent with the individual athlete's long-term development.
- Is responsible for providing support to all Row NS Canada Games program athletes at designated events.



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- Develop all aspects of training (i.e. skill development, physical preparation, mental training, etc). for each athlete or assign appropriate individuals to develop specific aspects (i.e. nutrition, flexibility training, emotional control, etc.);
- Attend all mandatory Canada Games seminars, meetings, etc.;
- Attend available Nova Scotia Coaching symposiums, lectures, workshops, etc.;
- Lead the Nova Scotia Canada Games Rowing Team selection;
- Attend the 2022 Canada Games in Niagara, Ontario and carry out all coaching functions necessary at the Games;
- Ensure open communication with all athletes regarding training and competition plans;
- Promote fair play and drug-free sport, as identified by the Canadian Center for Ethics in Sport, FIS, and the IOC;
- Ensure that all athletes' injuries are properly reported and managed;
- Attend all necessary training camps and competition prior to the Canada Games;
- Maintain the Coaching Code of Ethics; and
- Review and adhere to the Rowing Canada Safe Sport Policy.

#### Administration:

- Make logistical arrangements when required, and submit expense and other reports in a timely fashion;
- Communicate with the Row NS Provincial Team Coach on a regular basis and as required;
- Document daily training and athlete development; and
- Participate in post-Games reports and help develop and implement recommendations for future Games.

#### **Compensation:**

Although this is a volunteer position, all of the Head Coach's expenses related to travel (for camps, regattas, and Canada Games itself) will be paid for by Row NS and our partner organizations.

Row NS will work with rowing clubs in Nova Scotia to provide relief coaching if the absence of the Head Coach for Canada Games puts a strain on the coach's central responsibilities at their home club.