



Row Nova Scotia
5516 Spring Garden Road, 4th Floor
Halifax, Nova Scotia B3J 1G6

Masters Rowing Committee

Terms of Reference

Mandate

Masters rowing is key component to sustaining rowing in Nova Scotia. Masters rowing provides rowers a path to continue to row and be active as they age out of Junior and Senior age groups and/or when they finish their competitive careers.

In addition, Masters rowing helps sustain local clubs through program fees, administrative duties, governance, and participation in volunteer roles. Broadening and expanding participation in Masters rowing across Nova Scotia will allow Row Nova Scotia to support the health and well-being of Nova Scotians by focusing on 'Active for Life' stage of the Long Term Athlete Development Model, and also by enhancing the opportunities for rowers to compete, train and socialize. The Masters Rowing Committee supports the Board of Row Nova Scotia by focusing on the development, promotion, and expansion of masters rowing as an avenue to meet these goals.

Composition

The Masters Rowing Committee is chaired by a member of Row Nova Scotia and includes Row Nova Scotia's Administrative Representative and a minimum of one other member at large. The committee members will be approved by the Row Nova Scotia Board of Directors and serve a one-year term with the ability to continue to be a member of the Masters Rowing Committee upon approval. The time commitment of this committee is approximately 2 to 4 hours per month.

Responsibilities

The primary responsibilities of the Masters Rowing Committee include, but are not limited to:

- facilitate the development of Masters rowing in Nova Scotia at all levels;
- raise awareness of the rowing among Masters aged individuals highlighting the health, fitness, recreational and competitive opportunities;
- explore funding opportunities to support promotional activities, increasing access to competition, fitness/health, and recreational rowing opportunities;
- liaise with the Coastal Rowing Committee to explore the potential of coastal rowing to expand competitive and recreational rowing opportunities for masters aged rowers;
- in partnership with clubs, work to increase the number of Masters rowers at the club level, the number of opportunities for masters rowers to participate in competitive, fitness, recreational and social events;
- explore and promote opportunities to partner with other organizations promoting masters level sport and health/fitness activities to promote masters rowing;
- develop a framework for recruiting, retaining, and developing Masters rowing in Nova Scotia, including athlete identification, athlete and coach training and development, and participation in regattas, fitness and recreational rowing events; and
- develop and maintain relationships with other Atlantic Rowing organizations to collaboratively advance these masters rowing goals.