



# Annual General Meeting

Tuesday February 12, 2019

Oakwood House

Dartmouth, N.S.

# Agenda

1. Call to order
2. Identification of Voting Delegates
3. Approval of Agenda
4. Approval of past AGM minutes
5. Business arising from the minutes
6. Report from the Board of Directors
7. Election of Officers
8. New Business
9. Adjournment

# Board of Directors - 2018

President – Katie Edwards

Treasurer – Rosalyn Huynh

Secretary – Joan Backman

Director at Large – Judith Kays

Director at Large – Andrew Todd

Director at Large – Jason Balsor

Director at Large – Greg Scherkoske

Director at Large – Nick Head-Petersen

# Committees - 2018

## **Coach and Umpire Committee**

Chair: Katie Edwards  
Member: Peter Webster  
Member: Patrick Cody

## **Community Engagement Committee**

Chair: Judith Kays  
Member: Tracy Brown  
Member: Joan Backman

## **Finance Committee**

Chair: Rosalyn Huynh  
Member: Nicole Sanscartier

## **Governance Committee**

Chair: Nick Head-Petersen  
Member: Katherine Harman  
Member: Julie-Ann Vincent  
Member: Holly Davy

## **High Performance Committee**

Chair: Greg Scherkoske  
Member: Peter Webster  
Member: Andrew Todd  
Member: Patrick Cody

## **Safety and Events Committee**

Chair: Jason Balsor  
Member: Erica Gagnon

# Membership Statistics

January 1, 2018 – December 31, 2018

Club	Total Members (2017)	Total Members (2018)	Men (2018)	Women (2018)
Antigonish Rowing Club	74	101	32	69
Rowing at LYC	30	35	7	28
Halifax Rowing Club	298	345	111	234
Mic Mac Amateur Aquatic Club	192	146	47	99
North Star Rowing Club	63	97	47	50
Total	657	724	244	480

# Coach and Umpire Committee

## Coaching Highlights - 2018

### Implementation of a Coach Development Plan

- a. Support club coaches to attend Atlantic Coaches Conference
- b. Coach Mentorship Program initiated, with three participants: Colm Gribbon, Holly Davey, Angela Hersey
- c. Free identified coaching mini clinics – rigging, boat repair, and injury and prevention
- d. Free NCCP Multi-sport modules and Evaluations for coaches

Coach Workshops	#'s
Learn to Row – HRM	6
Learn to Row – Lunenburg	6
RCA Coach Weekend #1	10
RCA Coach Weekend #2	5

Name	Achievement
Tracy Brown	Received RCA Performance Coach certification
	RCA Coach Mentorship Program
	On CanAmMex Coaching Staff
	LTR Coach Evaluator certification
Pat Cody	On Jr World Championship Coaching Staff
	RCA Coach of the Year
	Own The Podium Coach Enhancement Program
	RCA Performance Coach Evaluator trained status
Peter Webster	RCA Coach Evaluator, trained status
Holly Davy	Received Learn to Row Coach certification
Angela Hersey	Received RCA Coach certification

# Coach and Umpire Committee

## Looking forward to 2019

- a. Support club coaches to attend Atlantic Coaches Conference
- b. Provide three coaching mini clinics for free throughout the summer – trailering, rigging, and TBD.
- c. Continue free Evaluations for coaches.
- d. Student Coaching Internship Program to pilot
- e. Row NS Coach Mentorship Program to continue, with new cohort and option to renew for existing cohort
- f. Changes to the Learn to Row and RCA Coach Workshops
- g. Learn to Row workshop pilot project

Coach Workshops	Date
RCA Performance Coach	Jan. 24-27 (Calgary)
RCA Coach Weekend #1	March 2-3
Learn to Row Workshop	April 28
Learn to Row Workshop	April 7 & 14 (4h per day)
RCA Coach Weekend #2	November 22-24

# Coach and Umpire Committee

Umpires	#'s
Licensed Umpires	12
Level 1 (Associates)	6
Level 2 (Licensed)	7
Level 3 (Chief Umpire)	4
Level 4 (Clinician)	1

Umpire Courses	#'s
Level 1 Course	3 participants
Level 2 Course	2 participants
Level 3 Course	6 participants (3 NS)

Regattas Participated in by NS Umpires
AIRC
Ice Breaker Regatta
Nova Scotia Sprints
Halifax Harbour Championships and NWA Regatta
Atlantic Rowing Championships
Atlantic University Rowing Championships
Really Chili Regatta
Red Island Regatta
Head of the 4 Bridges Regatta
National Rowing Championships



# Coach and Umpire Committee

## Lake Banook

1. The placement of buoys for the warm up/cool down need to be more consistent in placement from regatta to regatta and more visible. It is not always clear to coaches or athletes which buoys are to be circled.

**Recommendations:** Use large distinct buoys and put them in the same place every regatta.

2. The use of the 6<sup>th</sup> lane continues to be problematic and identified as a concern for safety and fairness of racing.

**Recommendations:** Marshal placed at the top of the warm up/cool down area to hold boats until they are called.. String of buoys for the outside of lane 1 and 6.

3. There needs to be a tarp covering for the Start platform.

**Recommendations:** Put a tarp over the start platform.

### Umpire Replacement Needs

Missing bow markers

Unreliable megaphones

One clock

# Coach and Umpire Committee

## Halifax Rowing Club

1. Need to be able to confirm a time when the lot (regardless of which lot is being used) will be available for trailers to land.
2. Need to make sure Safety Boats/motors are reliable.
3. Tent or covering for the Finish area.
4. Start time of Cogswell needs to be met.
5. Need a better decision process for running the duels.
6. Water and washroom facilities need to be better considered if using Horseshoe in the future.

Thanks to all the Umpires and Volunteers who offer up their time to make the regattas run so smoothly! Thanks to all the Organizing Committees who put on the awesome regattas for the rowing community!

# High Performance Committee

The most successful competitive season in Nova Scotia rowing history. An overview of some of the stand out results and highlights:

- ▶ World Rowing Championships – Andrew Todd placed 1<sup>st</sup> & 4<sup>th</sup> in PR3 2- and 4x.
- ▶ World Junior Championships – Claire Ellison placed 6<sup>th</sup> in Junior Women's 4x - first Nova Scotia rower to compete on a Junior World Team
- ▶ World Cup III in Lucerne - Cody Bailey placed 6<sup>th</sup> in the Men's 8+
- ▶ Head of the Charles Regatta
  - ▶ Andrew Todd placed 2<sup>nd</sup> in Championship Lightweight Men's 1x
  - ▶ Jenna Pelham placed 1<sup>st</sup> in Championship Lightweight Women's 1x
- ▶ National Rowing Championships
  - ▶ Andrew Todd placed 1<sup>st</sup> in the PR3 Men's 1x
  - ▶ Claire Ellison placed 3<sup>rd</sup> in the Junior Women's 1x
  - ▶ Noel Balsor and Emerson Crick placed 2<sup>nd</sup> in the Junior Men's 2-
  - ▶ Cody Bailey placed 3<sup>rd</sup> in Senior Men's 2-
  - ▶ Jenna Pelham placed 4<sup>th</sup> in Senior Lightweight Women's Single
- ▶ Royal Canadian Henley Regatta
  - ▶ Jenna Pelham placed 1<sup>st</sup> in Senior Lightweight Women's 1x
  - ▶ Tara Barnett and Hannah Meeson placed 1<sup>st</sup> in the Senior Lightweight Women's 2-
  - ▶ Emerson Crick placed 4<sup>th</sup> in the U17 Men's 1x
- ▶ Cody Bailey training full time with the National Team
- ▶ Shannon Macaulay - RBC Training Ground funded athlete training Full Time with Row NS
- ▶ Jana Peachey - identified and now a funded RBC Training Ground athlete training with Row NS
- ▶ Total of 23 athletes were enrolled in the NSPT training squad programs

# High Performance Committee

## Looking forward to 2019

1. New Erg standards communicated and implemented for Provincial Team
2. Completion of the Row Nova Scotia National Team Athlete Assistance Program
3. Support Performance Group (Jr) athletes to attend Eastern Region Junior National Team Trials in Montreal in May
4. Support Performance Group (Sr) athletes to attend (U-21, U23 & Pan Am Games) National Team Trials in Victoria in June
5. Support (Jr) athletes invited to attend Junior National Team Selection Trials in Victoria in June.
6. Selection Trials for NRC will be at June Trials, Sprints, or on Labour Day Weekend
7. Implementation of new NSPT Training Squad criteria (TID, Erg & on Water)
8. Continued Partnership with CSCA in program delivery and enhanced coach support
9. Developing a deeper relationship with RCA's Next Gen Programs

# Community Engagement Committee

## Highlights - 2018

- ▶ Social media campaign to promote rowing for all, through member profiles from rowing clubs.
- ▶ Initial planning of a collaborative school rowing pilot project.
- ▶ Secured funding for a promotional video.
- ▶ Initiated quarterly meetings of club presidents and annual visits from Row NS to Club Board meetings.

## Looking forward to 2019

- ▶ Implementation of the school rowing pilot project through the three metro clubs starting May 2019
- ▶ Produce promotional video in the Spring/Summer.
- ▶ Develop a strategy for regatta volunteer recruitment, training and retention
- ▶ Continue Presidents' meetings to facilitate communication and collaboration between clubs, and between clubs and Row NS
- ▶ Develop a coastal rowing strategy for NS which encompasses umpire training, possible coastal rowing camp at LYC and increasing accessibility and visibility of coastal rowing.

# Safety and Events Committee

Nova Scotia Regattas	Clubs	NS Entries	Out of Province Entries	Total Entries
AIRC	3*	86	0	86
Erg Marathon	-	48	0	48
Ice Breaker	3	56	0	56
Sprints	7**	120	68	188
Harbour Championships and NWA Regatta	6	64	27	91
ARC/AURC	6	157	60	217
Really Chili	9	83	55	138

- \* Does not include Senobe , Crossfit Ironstone, and individuals
- \*\* Includes Ridley College and RCA Next Gen.

# Safety and Events Committee

## Looking forward to 2019

- ▶ Formation of a Adhoc Regatta Review Committee with the purpose of providing some improvements to the 2019 regattas
- ▶ Looking to train a new complement of regatta volunteers including – regatta statisticians, regatta chairs, boat drivers and timers – our reliance on few is one of our biggest threats.
- ▶ Plan to offer a two boat driver education sessions this season to recruit new volunteers and also better train our current boat drivers – one in May and one in the Fall.

Regatta 2019	Date
AIRC	February 2, 2019
Marathon	March 31, 2019
Ice Breaker	May 25, 2019
Sprints	July 27-28, 2019
Harbour Championships and NWA Regatta	TBD
ARC/AURC	October 12-13, 2019
Really Chili	October 26, 2019

# Safety and Events Committee

## Membership Model Review

- Limited information on how this has affected Nova Scotia rowers at this time. Provincial bodies are not able to retrieve data from Regatta Central at this time. Rowing Canada is only releasing limited information until a full year is completed under the new model.
- “From April 1, 2018 to December 31, 2018, the average number of events attended by participant/year is four (4) and the average # of seats/participant at an event is two (2). Once we have a full year under the new model we plan to publish a comprehensive report specific to membership numbers and competition activity.” – Rowing Canada Aviron.
- The current membership model and fees will remain the same in 2019 as the proposed RCA fee increased were not passed at the RCA AGM in January.



# Membership Model Review

	All Sport Memberships (pre 2018)	All Competitive Memberships (pre 2018)	National Average from RCA
Row NS Base Fee	\$10.00	\$10.00	\$15.00
RCA Base Fees	\$15.00	\$50.00	\$20.00
Seat Fees	n/a	n/a	\$40.00
Total Fees	\$25.00	\$60.00	\$75.00

# Governance Committee

## Highlights - 2018

- The Governance Committee has been diligently working through the development of a number of new policies and procedures that will be compiled in a comprehensive Row NS Policy Manual.

## Looking forward to 2019

- Review of policies by a lawyer
- Policies to approved include:
  - Equipment Rental Agreement
  - Code of Conduct
  - Appeal Policy
  - Complaint and Discipline Policy
  - Abuse and Harassment Policy
  - Equity and Inclusivity Policy
  - Dispute Resolution Policy
  - Financial Policy
  - Coaching Policy

# Finance Committee

- <http://www.rows.ca/wp-content/uploads/2019/02/Row-NS-2018-AGM-Financial-Statements.pdf>

# Funding and Grants

- Row NS had a successful application process of a new Provincial Sport Organization funding mechanism called the Sport Development Tool.
- This new tool provided an assessment by Sport Nova Scotia, Canadian Sport Centre Atlantic and the Province of Nova Scotia which make up the three main sources of funding for Row Nova Scotia.

<b>Funding Source</b>	<b>2018/2019</b>	<b>2019/2020</b>	<b>2020/2021</b>	<b>2021/2022</b>
Core Funding	\$10,000	\$20,000	\$30,000	\$30,000
Participation	\$5,000	\$7,500	\$10,000	\$10,000
Excellence	\$15,000	\$22,500	\$30,000	\$30,000
Total	\$30,000	\$50,000	\$70,000	\$70,000

# Technical Director Position

- ▶ Based on the strong results in the Sport Development Tool process we became eligible for funding to provide partial financial assistance in hiring a part-time Technical Director position on a three year contract.
- ▶ Beginning April 1, 2019 we will be eligible for the position
- ▶ Job Description to be completed and released in March
- ▶ Hiring timelines TBD

# Coaching Movement

- ▶ Safe Sport and Responsible Coaching Movement
  - ▶ Ethics Training
  - ▶ Background Screening
  - ▶ Rule of 2
- ▶ Regatta Coaching Standards
- ▶ Stricter adherence to coaches being registered in the RCA Database
- ▶ Row NS will be drafting a policy this winter and asking for input and buy in from clubs on this policy for the Spring.

# Election of Officers

## Board of Directors for 2019

- President – Katie Edwards
  - Treasurer – Rosalyn Huynh
  - Secretary – Joan Backman
  - Director at Large – Judith Kays
  - Director at Large – Andrew Todd
  - Director at Large – Greg Scherkoske
  - Director at Large – Nick Head-Petersen
  - Director at Large - Vacant
- The Row NS Board of Directors is nominating Will Bryden for a Director at Large position on a two-year term
  - At this time we invite nominations from the floor for the Board of Directors

Meeting Adjourned.

Please Travel Safe!