

## NS Sprints - Saturday, July 14, 2007 HEATS

7:00 AM	Race#	<b>1 Event 16 JR W 2X Heat #1 1 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club		NSRC-3	NFLD-1	BRC-1	MMRC
	Name(s)		Gillian Huang Laura Trmaine	Amanda Ryan Elizabeth Howard	Avril Bissonette C.Bouchard-Pilot	Abbey Hunter Sarah Slaunwhite
	Rank		4	2	1	3
	Elapsed		4.58.34	4.32.25	4.10.94	4.51.64
7:10 AM	Race#	<b>2 Event 16 JR W 2X Heat #2 1 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club		FRC-1	NSRC-2	KRC-1	BRC-2
	Name(s)		Michelle Roy Simone Charron	Anna Johnson Jessica Browne	Kristen Flood Kirsten Stanley	Roxanne Malouf Amélie Viens
	Rank		1	3	4	2
	Elapsed		4.21.06	5.08.28	5.55.35	4.36.6
7:20 AM	Race#	<b>3 Event 16 JR W 2X Heat #3 1 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club		NSRC-1	BRC-2	FRC-3	NFLD
	Name(s)		Molly Webster Johanna Murray	Virginie Coulombe Gabrielle Savaria	Sophie Forestell Linnea Fetter	Jane Brodie Allison Peach
	Rank		4	1	3	2
	Elapsed		5.16.97	4.14.88	5.01.84	4.15.6
7:30 AM	Race#	<b>4 Event 16 JR W 2X Heat #4 1 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club		FRC-4	FRC-2	NSRC-1	KRC-2
	Name(s)		Jessica Seguin Danielle Caravan	Laura Corscadden Christina Hawkins	Karen Mills Julia Mills	Gwen Thompson Erin Gleason
	Rank		4	1	2	3
	Elapsed		4.54.97	4.19.37	4.53.22	4.54.47
7:40 AM	Race#	<b>5 Event 10 SR M 1X Heat #1 2 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club	KRC	NSRC-3	BRC-1	NFLD	NSRC-2
	Name(s)	Sam Parsons	Devin Gordon	R. Garon-Gendron	Adam Power	Pat Convey
	Rank	SCRATCH	1	3	4	2
	Elapsed		3.50.19	3.53.81	4.04.25	3.50.25
7:50 AM	Race #	<b>6 Event 10 SR M 1X Heat #2 2 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club		MMRC-3	BRC-2	MMRC-2	NSRC-1
	Name(s)		Matt Murray	Vincent Côté	Chris Williams	Dan Murray
	Rank		SCRATCH	1	3	2
	Elapsed			3.45.97	3.49.75	3.47.31
8:00 AM	Race #	<b>7 Event 17 M MIX 2X Heat #1 2 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club	MMRC	KRC	FRC-1	NSRC-3	NSRC-4
	Name(s)	Sue Duann Joe Rowlands	Henry Flood Dolores Young	Barb Dugas Roger Tremblay	Jim Barr G. Lesins-Cooper	Peter Webster Carolyn Mills
	Rank	5	3	4	2	1
	Elapsed	5.50.25	4.20.53	4.36.50	4.10.82	4.02.0
8:10 AM	Race#	<b>8 Event 17 M MIX 2X Heat #2 2 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club	HRC	NSRC-1	HRC	NSRC-2	FRC-2
	Name(s)	Jim Czenze Laurie Niven	Daniele Hart Bob Mills	Paul Shaw Diane D'Arcy	Ted Mussett Louise Mussett	Kevin Lunn Brenda Gullison
	Rank	4	1	2	5	3
	Elapsed	4.24.12	3.43.38	3.59.72	4.27.94	4.01.44
8:20 AM	Race#	<b>9 Event 4 JR W 1X Heat #1 2 to final plus next fastest</b>				
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Club		FRC-1	MMRC-2	LR	KRC-2
	Name(s)		Laura Corscadden	Abby Hunter	Emma Bedard	Kirsten Stanley
	Rank		2	3	1	4
	Elapsed		4.39.65	4.53.87	4.26.78	5.02.81

8:30 AM	Race#	10	Event 4	JR W 1X	Heat #2	2 to final plus next fastest				
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
			Club Name(s)				NFLD Jane Brodie	FRC-3 Hannah Langille	KRC-1 Kristen Flood	FRC-2 Michelle Roy
			Rank				1	2	3	SCRATCH
			Elapsed				4.37.07	4.46.54	4.51.28	

8:40 AM	Race#	11	Event 19	N M 2X	Heat #1	2 to final plus next fastest				
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
			Club Name(s)				NSRC Ben Vanhorne Graham Read	KRC-1 Cameron Reid Robin Overing	KRC-3 Nathan Blais Alex Roscoe	
			Rank				2	1	3	
			Elapsed				4.19.71	4.01.31	4.47.94	

8:50 AM	Race#	12	Event 19	N M 2X	Heat #2	2 to final plus next fastest				
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
			Club Name(s)				MMRC Matt Drinoez Brishen H-B	NFLD Paul Popescu Neal Willcott	KRC-2 Mike Craig Rob Alexander	
			Rank				2	1	SCRATCH	
			Elapsed				5.07.09	4.03.12		

9:00 AM **BREAK**

9:10 AM	Race#	13	Event 21	JR M 2X	Heat #1	2 to final plus next fastest					
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
			Club Name(s)				NFLD-2 Chris Clark Ben Colbourne	MMRC Benham Harper Art Bouman	KRC-3 Devon McGrath Ben Valcour	NFLD-1 Adam Shea Dave Ryan	KRC-1 Brian Peters Greg Tomney
			Rank				2	5	3	1	4
			Elapsed				3.49.31	4.18.90	3.55.06	3.41.66	3.55.47

9:20 AM	Race#	14	Event 21	JR M 2X	Heat #2	2 to final plus next fastest					
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
			Club Name(s)				KRC-2 Keegan Drummond Greg Theriault	FRC-2 Ben Charron Robert Forestell	BRC/LRC MA Provost Julien Pouliot	FRC-1 Adam Melanson Ky Hughson	NSRC Ben Vanhorne Graham Read
			Rank				2	4	1	3	5
			Elapsed				3.43.78	4.11.72	3.34.91	3.54.72	4.18.03

9:30 AM	Race#	15	Event 7	SR W 4X	Heat #1	2 to final plus next fastest				
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
			Club Name(s)				KRC-1 Heather Peddle Kaitlynn MacVey Kelly Martinell Erin Moir	NSRC Erin Pegg Kirsten Blom Michelle Mussett Ashley Mumford	FRC Stesha Gruttner Vanessa Paesani Lindsay May Elaine Bliss	
			Rank				3	1	2	
			Elapsed				3.59.19	3.39.54	3.46.44	

9:40 AM	Race#	16	Event 7	SR W 4X	Heat #2	2 to final plus next fastest				
						Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
			Club Name(s)				MMRC Sarah Mitchell Keelin Greenlaw Christine Sharpe Emily Duann	KRC-2 Kristen Flood Gwynn Thompson Erin Gleeson Kirsten Stanley	BRC Avril Bissonette C. Bouchard-Pilot Virginie Coulombe Gabrielle Savaria	
			Rank				1	3	2	
			Elapsed				3.38.25	4.10.22	3.46.41	

## NS Sprints - Saturday, July 14, 2007 FINALS

9:50 AM **BREAK**

10:00 AM Race # <b>17 Event 1 M M 4X FINAL</b>					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		KRC Volker Nolte Dolores Young Henry Flood Dave Petit	NSRC-2 Peter Webster Barry Burgess Jim Barr Bob Mills	NSRC-1 Steve MacIntosh Dan Yeomens Keith Davies Jason Wilson	HRC/MM Paul Shaw Jim Czenze Mike Noddin Joe Rowlands
Rank		2	1	3	4
Elapsed		3.35.59	3.25.18	3.45.84	3.52.25

10:10 AM Race # <b>18 Event 2 SR W 2- FINAL</b>					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NSRC Kirsten Blom Kendra Macdonald	KRC Erika Gagnon Maggie MacVey	MMRC Christine Sharp Emily Duann	FRC Janice Lawrence Alexandra Maher
Rank		2	4	3	1
Elapsed		4.01.31	4.12.88	4.04.59	3.52.72

10:20 AM Race # <b>19 Event 3 M W 8+ FINAL</b>					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		HRC Diane Gordon Diane D'Arcy Katharine Harman Laurie Niven Bonnie Anderson Leslie Griffiths Kathy Ramier Kate Giles Lorraine Sharp	MMRC Julie Swinimer Karen Kavanaugh JK Keeping Sue Duann Carolyn Whiteway Sheri Vautour Sue Slimming Sally Dean Marilyn MacMullin		
Rank		1	2		
Elapsed		3.52.84	3.57.03		

10:30 AM Race # <b>20 Event 4 JR W 1X FINAL</b>					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)	KRC-1 Kristen Flood	NFLD Jane Brodie	LRC Emma Bedard	FRC-1 Laura Corsacadden	FRC-3 Hannah Langille
Rank	5	2	1	3	4
Elapsed	5.07.37	4.36.53	4.29.88	4.39.16	4.56.28

10:40 AM Race # <b>21 Event 5 SR M 2- FINAL</b>					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		KRC-2 Ned O'Brien Colin McAskill	MMRC Tony Landry Chris Williams	KRC-1 Keegan Drummond Greg Theriault	BRC R. Garon-Gemdron Vincent Côté
Rank		4	1	3	2
Elapsed		3.58.06	3.37.91	3.42.30	3.42.25

10:50 AM Race # <b>22 Event 6 M M 8+ FINAL</b>					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)					

NO RACE

Rank					
Elapsed					

11:00 AM **BREAK**

11:10 AM Race # 23 Event 7 SR W 4X FINAL					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	KRC-1	MMRC	NSRC	FRC	BRC
Name(s)	Heather Peddle Kaitlynn MacVey Kelly Martinell Erin Moir	Sarah Mitchell Keelin Greenlaw Christine Sharpe Emily Duann	Erin Pegg Kirsten Blom Michelle Mussett Ashley Mumford	Stesha Gruttner Vanessa Paesani Lindsay May Elaine Bliss	Avril Bissonette C. Bouchard-Pilot Virginie Coulombe Gabrielle Savaria
Rank	5	2	1	4	3
Elapsed	4.20.34	3.32.59	3.28.81	3.44.91	3.33.22

11:20 AM Race # 24 Event 8 JR W 2- FINAL					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	KRC-2	NFLD	KRC-3	FRC	KRC-1
Name(s)	Kathleen Owens Jenn Bergeron	Stephanie Davis Heather Stone	Katie Gribbons Olivia Greenbank	Simone Charron Christina Hawkins	Erika Gagnon Maggie McVey
Rank	4	2	5	3	1
Elapsed	4.52.04	4.19.59	4.57.04	4.33.25	4.19.55

11:30 AM Race # 25 Event 9 M W 4+ FINAL					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club					
Name(s)					
NO RACE					
Rank					
Elapsed					

11:40 AM Race # 26 Event 10 SR M 1X FINAL					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	MMRC-2	BRC-2	NSRC-3	NSRC-2	NSRC-1
Name(s)	Chris Williams	Vincent Côté	Devin Gordon	Pat Convey	Dan Murray
Rank	5	1	2	3	4
Elapsed	3.59.03	3.40.62	3.41.28	3.44.66	3.47.79

11:50 AM Race # 27 Event 11 JR M 2- FINAL					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club		KRC-2	NFLD	KRC-1	KRC-3
Name(s)		Ned O'Brien Colin McAskill	Chris Clark Paul Hussey	Keegan Drummond Greg Theriault	John Ritchie Ethan Drummond
Rank		4	3	1	2
Elapsed		4.13.66	4.02.41	3.48.81	3.59.06

12:00 PM Race # 28 Event 12 JR W 8+ FINAL					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	NFLD	NSRC	FRC	KRC-1	KRC-2
Name(s)	Mark Hayward Heather Stone Stephanie Davis Stephanie Boland Elizabeth Howard Amanda Ryan Carisa Collins Jane Brodie Allison Peach	Ashley Mumford Julia Mills Karen Mills Michelle Pegg Laura Tramaine Gillian Huang Molly Webster Anna Johnson Johanna Murray	Robert Forestell Michelle Roy Simone Charron Linnea Fetter Christina Hawkins Hannah Langile Jessica Seguin Danielle Caravan Sophie Forestell	Jessica Flynn Erika Gagnon Maggie MacVey Jenn Bergeron Kathleen Owens Kirsten Stanley Kristen Flood Katie Gribbons Olivia Greenbanks	Courtland Cronk Anna Flood Nicole Sanscartier Ashley Leblanc Allyson Zwicker Melanie Elliot Erin McLeod Gwen Thompson Egin Gleeseon
Rank	1	4	2	3	5
Elapsed	3.50.63	4.21.69	3.54.25	4.07.09	4.27.94

12:10 PM BREAK

12:20 PM Race # **29 Event 13 NW 4+ FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NFLD Mark Hayward Allison DeLong Alyssa Devereaux Britney Sobol Katie Bruce	KRC-2 C. Gribbons Adrian Ervin Kaitlynn MacVey Kelly Martinell Ashley Leblanc	KRC-1 Jessica Flynn Jenn Bergeron Kathleen Owen Katie Gribbons Olivia Greenbanks	KRC/NFLD C. Cronk Anna Flood Erin McLeod Nicole Sanscartier Amanda Ryan
Rank		1	3	2	4
Elapsed		4.33.75	5.01.68	4.41.72	5.12.88

12:30 PM Race # **30 Event 14 MW 4X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		HRC-1 Cathy Ramier Kate Giles Katherine Harman Laurie Niven	HRC-2 Bonnie Anderson Lesley Griffiths Diane D'Arcy Diane Gordon	MMRC Sheri Vautour Karen Kavanaugh Sally Dean JK Keeping	
Rank		1	3	2	
Elapsed		4.06.56	4.29.06	4.13.00	

12:40 PM Race # **31 Event 15 JR M 8+ FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		KRC-2 Conor Gribbons John Ritchie Patrick Forrestall Ben Valcour Rob Alexander Mike Craig Chris Cronk Robin Overing Nathan Blais	NFLD Mark Hayward Adam Shea Chris Clark Paul Husey Alan Butler Paul Popescu Neal Willcott Dave Ryan Ben Colbourne	KRC-1 Jessica Flynn Keegan Drummond Greg Theriault Ned O'Brien Colin McAskill Ethan Drummond Cameron Reid Brian Peters Greg Tomney	FRC/KRC/MM Portland Cronk Alex Roscoe TBA TBA Benham Harper Adam Melanson Ky Hughson Ben Charron Robert Forestell
Rank		3	2	1	4
Elapsed		3.40.69	3.30.22	3.24.00	3.52.56

12:50 PM Race # **32 Event 16 JR W 2X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)	NFLD Jane Brodie Allison Peach	FRC-1 Hannah Langille Simone Charron	BRC-1 Avril Bissonette C.Bouchard-Pilot	BRC-2 Virginie Coulombe Gabrielle Savaria	FRC-2 Laura Corscadden Christina Hawkins
Rank	4	5	1	3	2
Elapsed	4.28.13	4.29.10	4.07.53	4.22.31	4.18.91

1:00 PM **BREAK**

1:10 PM Race # **33 Event 17 M MIX 2X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)	FRC-2 Kevin Lunn Brenda Gullison	NSRC-1 Daniele Hart Bob Mills	NSRC-4 Peter Webster Carolyn Mills	NSRC-3 Jim Barr G. Lesins-Cooper	HRC Paul Shaw Diane D'Arcy
Rank	4	1	2	5	3
Elapsed	4.11.97	3.47.38	4.04.38	4.18.52	4.05.47

1:20 PM Race # **34 Event 18 SR M 4X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NSRC/HRC Devin Gordon Pat Convey Dan Murray Greg Scherkoske	KRC Mark Blanchard Ben Valcour Chris Cronk Greg McGuire	MMRC/FRC Tony Landry Chris Williams Pierre Poirier Pat Cody	
Rank		2	3	1	
Elapsed		3.17.69	3.49.34	3.16.69	

1:30 PM Race # **35 Event 19 N M 2X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	KRC-3	NFLD	KRC-1	NSRC	MMRC
Name(s)	Nathan Blais Alex Roscoe	Paul Popescu Neal Willcott	Cameron Reid Robin Overing	Ben Vanhorne Graham Read	Matt Drinoez Brishen H-B
Rank	SCRATCH	1	3	2	4
Elapsed		4.18.63	4.52.72	4.46.03	5.49.04

1:40 PM Race # **36 Event 20 M M 4+ FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club		KRC	NSRC		
Name(s)		Jessica Flynn Dave Petit Henry Flood Dolores Young Volker Nolte	Ashley Mumford Steve MacIntosh Dan Yeomans Keith Davies Jason Wilson		
Rank		1	2		
Elapsed		3.52.44	4.16.22		

1:50 PM Race # **37 Event 21 JR M 2X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	FRC-1	BRC/LRC	NFLD-1	NFLD-2	KRC-2
Name(s)	Adam Melanson Ky Hughson	MA Provost Julien Pouliot	Adam Shea Dave Ryan	Chris Clark Ben Colbourne	Keegan Drummond Greg Theriault
Rank	5	1	2	4	3
Elapsed	4.11.59	3.51.38	3.58.38	4.10.56	3.59.71

2:00 PM Race # **38 Event 22 SR W 8+ FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club		FRC	KRC	MMRC/NSRC	NFLD
Name(s)		Sophie Forestell Lindsay May Alexandra Maher Stesha Gruttner Elaine Bliss Vanessa Paesani Laura Corscadden Jennifer Fitzpatrick Simone Charron	Jessica Flynn Heather Peddle Kristen Flood Erin Moir Maggie MacVey Kathleen Owens Jenn Bergeron Erika Gagnon Kristen Stanley	Julie Swinimer Keelin Greenlaw Emily Duann Kendra Macdonald Kirsten Bloom Michelle Mussett Christine Sharp Sarah Mitchell Hana Nelson	Mark Hayward Heather Stone Stephanie Davis Allison Delong Alyssa Devereaux Britney Sobol Katie Bruce Jane Brodie Allison Peach
Rank		2	3	1	4
Elapsed		3.58.10	4.01.03	3.43.18	4.02.35

2:10 PM BREAK

2:20 PM Race # **39 Event 23 SR W 8+ DASH**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club	MMRC/NSRC	NFLD	KRC-1	FRC	KRC-2
Name(s)	Julie Swinimer Keelin Greenlaw Emily Duann Kendra Macdonald Kirsten Bloom Ashley Mumford Christine Sharp Sarah Mitchell Hana Nelson	Mark Hayward Heather Stone Stephanie Davis Stephanie Boland Elizabeth Howard Amanda Ryan Carisa Collins Jane Brodie Allison Peach	Jessica Flynn Heather Peddle Ashley Ferguson Erin Moir Maggie MacVey Kathleen Owens Jenn Bergeron Erika Gagnon Kristen Stanley	Sophie Forestell Lindsay May Alexandra Maher Stesha Gruttner Elaine Bliss Vanessa Paesani Laura Corscadden Jennifer Fitzpatrick Simone Charron	C. Cronk Adrienne Ervin Nicole Sanscartier Ashley Leblanc Allyson Zwicker Melanie Elliot Erin McLeod Gwen Thompson Egin Gleeseon
Rank	1	3	4	2	5
Elapsed	1.48.50	1.57.15	NO TIME	1.53.44	2.17.06

2:30 PM BREAK

2:40 PM Race #

**40 Event 24 M MIX 8+ DASH**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club			KRC/MMRC	HRC	
Name(s)			Julie Swinimer Susan Duann Joe Rowlands J.K. Keeping Karen Kavanaugh Volker Nolte Henry Flood Dolores Young Dave Petit	Katherine Harman Laurie Niven Mike Noddin Jim Czenze Paul Shaw Diane D'Arcy Bonnie Anderson Cathy Ramier Kate Giles	
Rank			1	2	
Elapsed			1.44.82	1.56.75	

## NS Sprints - Sunday, July 15, 2007 HEATS

7:00 AM	Race#	<b>1</b>	<b>Event 27</b>	<b>M W C+ 1X</b>	<b>Heat #1</b>	<b>Straight Final</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s) MOVE TO STRAIGHT FINAL							
			Rank							
			Elapsed							
7:10 AM	Race#	<b>2</b>	<b>Event 27</b>	<b>M W C+ 1X</b>	<b>Heat #2</b>	<b>Straight Final</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s) MOVE TO STRAIGHT FINAL							
			Rank							
			Elapsed							
7:20 AM	Race#	<b>3</b>	<b>Event 28</b>	<b>SR W 2X</b>	<b>Heat #1</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s)	Heather Peddle Kelly Martinell	MMRC Keelin Greenlaw Sarah Mitchell	Vanessa Paesani Laura Corsacadden	FRC-2	NSRC-1 Erin Pegg Michelle Mussett		
			Rank	4	1	3	2			
			Elapsed	4.40.53	3.56.56	4.13.69	4.02.97			
7:30 AM	Race#	<b>4</b>	<b>Event 28</b>	<b>SR W 2X</b>	<b>Heat #2</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s)	NSRC-2 Kirsten Blom Kendra Macdonald	FRC-1 Alexandra Maher Janice Lawrence	KRC-2 Kaitlynn MacVey Erin Moir	HRC Kirsten Campbell Alexa Bagnell			
			Rank	2	1	4	3			
			Elapsed	3.56.44	3.53.81	4.35.72	3.58.28			
7:40 AM	Race#	<b>5</b>	<b>Event 29</b>	<b>JR M 1X</b>	<b>Heat #1</b>	<b>1 to final plus next 2 fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s)	KRC-4 Brian Peters	MMRC-2 Art Bouman	MMRC-1 Benham Harper	KRC-3 Devon McGrath	BRC Julien Pouliot		
			Rank	4	5	3	2	1		
			Elapsed	4.28.97	4.48.60	4.23.31	4.12.88	3.51.37		
7:50 AM	Race#	<b>6</b>	<b>Event 29</b>	<b>JR M 1X</b>	<b>Heat #2</b>	<b>1 to final plus next 2 fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s)	NSRC John Mussett	NFLD-1 Ben Colbourne	KRC-2 Greg Theriault	HRC Alex Fraughton	NSRC Graham Read		
			Rank	5	1	2	4	3		
			Elapsed	4.55.75	4.05.94	4.06.84	4.36.18	4.34.97		
8:00 AM	Race#	<b>7</b>	<b>Event 29</b>	<b>JR M 1X</b>	<b>Heat #3</b>	<b>1 to final plus next 2 fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s)	KRC-1 Keegan Drummond	LRC MA Provost	FRC Adam Melanson	NFLD-2 Dave Ryan			
			Rank	2	4	3	1			
			Elapsed	4.00.09	4.02.81	4.02.06	3.57.34			
8:10 AM	BREAK									
8:20 AM	Race#	<b>8</b>	<b>Event 30</b>	<b>JR W 4X</b>	<b>Heat #1</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
			Club Name(s)	BRC Avril Bissonette C. Bouchard-Pilot Virginie Coulombe Gabrielle Savaria	KRC-2 Melanie Elliot Nicole Sanscartier Ashley Leblanc Adrienne Ervin	NSRC Karen Mills Johanna Murray Jessica Browne Julia Mills	FRC-2 Linnea Fetter Danielle Caravan Jessica Seguin Sophie Forestell			
			Rank	1	4	2	3			
			Elapsed	3.43.25	4.58.27	4.02.57	4.09.00			

8:30 AM	Race#	<b>9</b>	<b>Event 30</b>	<b>JR W 4X</b>	<b>Heat #2</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
	Club Name(s)			FRC-1 Michelle Roy Simone Charron Christina Hawkins Hannah Langille	NFLD Heather Stone Stephanie Boland Amanda Ryan Stephanie Davis	KRC-1 Kristen Flood Gwen Thompson Erin Gleeson Kirsten Stanley				
	Rank			1	2	3				
	Elapsed			3.47.78	3.53.97	4.01.97				

8:40 AM	Race#	<b>10</b>	<b>Event 37</b>	<b>M W C+ 2X</b>	<b>Heat #1</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
	Club Name(s)			FRC Barb Dugas Brenda Gullison	HRC-1 Bonnie Anderson Lesley Griffiths	HRC-2 Diane D'Arcy Laurie Niven				
	Rank			3	1	2				
	Elapsed			4.37.97	4.15.40	4.20.79				

8:50 AM	Race#	<b>11</b>	<b>Event 37</b>	<b>M W C+ 2X</b>	<b>Heat #2</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
	Club Name(s)			NSRC G. Lesins-Cooper Carolyn Mills	MMRC-1 Karen Kavanaugh Sally Dean	MMRC-2 Sue Duann JK Keeping				
	Rank			2	1	3				
	Elapsed			4.15.10	4.10.59	4.25.47				

9:00 AM **BREAK**

9:10 AM	Race#	<b>12</b>	<b>Event 35</b>	<b>N W 2X</b>	<b>Heat #1</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
	Club Name(s)			MMRC Abby Hunter Erin Kaiser	KRC-2 Kelly Martinell Kaitlynn MacVey	HRC Kerith Gordon Kate Elbourne	NFLD-2 Katie Bruce Brittany Sobol			
	Rank			1	2	3	SCRATCH			
	Elapsed			4.43.32	4.50.43	4.55.03				

9:20 AM	Race#	<b>13</b>	<b>Event 35</b>	<b>N W 2X</b>	<b>Heat #2</b>	<b>2 to final plus next fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
	Club Name(s)			KRC-1 Nicole Sanscartier Ashley Leblanc	BRC Roxanne Malouf Amélie Viens	NFLD-3 Allison Delong Alyssa Devereaux	KRC-3 Allyson Zwicker Adrienne Ervin			
	Rank			3	1	2	4			
	Elapsed			5.11.25	4.13.63	4.25.44	5.31.97			

9:40 AM	Race#	<b>14</b>	<b>Event 39</b>	<b>SR W 1X</b>	<b>Heat #1</b>	<b>1 to final plus next 2 fastest</b>				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
	Club Name(s)			NSRC-1 Kirsten Blom	NSRC-3 Michelle Mussett	FRC-1 Janice Lawrence	FRC-2 Alexandra Maher			
	Rank			3	1	2	4			
	Elapsed			4.17.47	4.11.44	4.15.47	4.20.67			

9:50 AM Race# **15 Event 39 SR W 1X Heat #2 1 to final plus next 2 fastest**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NSRC-2 Kendra Macdonald	MMRC-1 Sarah Mitchell	MMRC-3 Hana Nelson	FRC-3 Vanessa Paesani
Rank		2	1	4	3
Elapsed		4.35.28	4.25.31	5.07.44	4.39.41

10:00 AM Race# **16 Event 39 SR W 1X Heat #3 1 to final plus next 2 fastest**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NSRC-4 Erin Pegg	MMRC-2 Emily Duann	KRC-2 Kelly Martinell	KRC-1 Erin Moir
Rank		1	2	4	3
Elapsed		4.14.47	4.20.94	5.57.84	4.53.69

10:10 AM **BREAK**

10:20 AM Race# **17 Event 40 SR M 2X Heat #1 2 to final plus next fastest**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NSRC-1 Devin Gordon Pat Convey	NFLD-1 Ben Colbourne Adam Power	MMRC Chris Williams Tony Landry	NFLD-2 Adam Butler TBA
Rank		2	3	1	4
Elapsed		3.34.28	3.36.75	3.30.97	4.15.53

10:30 AM Race# **18 Event 40 SR M 2X Heat #2 2 to final plus next fastest**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		HRC Erik Lindiner Arnd Garshch	BRC R. Garon-Gendron Vincent Côté	KRC-1 Greg McGuire Mark Blanchard	
Rank		2	1	3	
Elapsed		3.25.59	3.23.56	3.47.16	

10:40 AM Race# **19 Event 41 JR W 4+ Heat #1 2 to final plus next fastest**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NFLD-1 Andrew Orsborn Stephanie Davis Amanda Ryan Carisa Collins Allison Peach	FRC-1 Danielle Caravan Simone Charron Michelle Roy Hannah Langile Laura Corscadden	KRC-2 C. Cronk Adrienne Ervin Olivia Greenbank Katie Gribbons Melanie Elliot	NFLD-2 Mark Hayward Heather Stone Elizabeth Howard Stephanie Boland Katie Bruce
Rank		1	2	4	3
Elapsed		4.10.16	4.14.34	4.40.94	4.22.79

10:50 AM Race# **20 Event 41 JR W 4+ Heat #2 2 to final plus next fastest**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		KRC-1 Jessica Flynn Kathleen Owens Erika Gagnon Jenn Bergeron Maggie MacVey	NSRC Ashley Mumford Michelle Pegg Anna Johnson Molly Webster Jessica Browne	FRC-2 Linnea Fetter Christina Hawkins Sophie Forestell Jessica Seguin Rob Forestell	
Rank		1	3	2	
Elapsed		4.06.97	4.44.35	4.37.78	

## NS Sprints - Sunday, July 15, 2007 FINALS

11:00 AM **BREAK**

11:10 AM Race # **21 Event 25 M W 2X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		MMRC Sheri Vautour JK Keeping	HRC Cathy Ramier Kate Giles		
Rank		2	1		
Elapsed		4.22.22	4.15.94		

11:20 AM Race # **22 Event 26 M M 1X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		FRC Kevin Lunn	MMRC Joe Rowlands	NSRC Jeff Sawler	
Rank		1	3	2	
Elapsed		4.03.31	4.22.10	4.05.31	

11:30 AM Race #	<b>23</b>	<b>Event 27</b>	<b>M W C+ 1X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		FRC	HRC-1	MMRC	HRC-2	KRC			
		Club Name(s)	Barb Dugas	Katherine Harman	Sue Duann	Laurie Niven	Dolores Young		
		Rank	5	1	2	4	3		
		Elapsed	5.10.10	4.40.56	4.44.19	4.56.50	4.50.85		

11:40 AM Race #	<b>24</b>	<b>Event 28</b>	<b>SR W 2X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		HRC	FRC-1	MMRC	NSRC-1	NSRC-2			
		Club Name(s)	Kirsten Campbell Alexa Bagnell	Alexandra Maher Janice Lawrence	Keelin Greenlaw Sarah Mitchell	Erin Pegg Michelle Mussett	Kirsten Blom Kendra Macdonald		
		Rank	4	3	2	1	5		
		Elapsed	3.59.31	3.54.13	3.52.44	3.49.44	4.06.31		
		Elapsed							

11:50 AM Race #	<b>25</b>	<b>Event 29</b>	<b>JR M 1X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		FRC	NFLD-1	BRC	NFLD-2	KRC-1			
		Club Name(s)	Adam Melanson	Ben Colbourne	Julien Pouliot	Dave Ryan	Keegan Drummond		
		Rank	4	5	1	2	3		
		Elapsed	4.03.19	4.09.06	3.50.53	3.56.07	4.02.90		
		Elapsed							

12:00 PM Race #	<b>26</b>	<b>Event 30</b>	<b>JR W 4X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		KRC-1	FRC-1	BRC	NSRC	NFLD			
		Club Name(s)	Kristen Flood Gwen Thompson Erin Gleeson Kirsten Stanley	Michelle Roy Simone Charron Christina Hawkins Hannah Langille	Avril Bissonette C. Bouchard-Pilot Virginie Coulombe Gabrielle Savaria	Karen Mills Johanna Murray Jessica Browne Julia Mills	Heather Stone Stephanie Boland Amanda Ryan Stephanie Davis		
		Rank	4	2	1	5	3		
		Elapsed	4.12.38	3.51.66	3.41.25	4.31.69	3.59.87		
		Elapsed							

12:10 PM **BREAK**

12:20 PM Race #	<b>27</b>	<b>Event 31</b>	<b>M M 2X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		FRC	FRC	KRC	NSRC				
		Club Name(s)	Roger Tremblay Kevin Lunn	Henry Flood Steve Belyea	Jim Barr Jason Wilson				
		Rank		2	3	1			
		Elapsed		4.00.72	4.15.78	3.49.68			
		Elapsed							

12:30 PM Race #	<b>28</b>	<b>Event 32</b>	<b>M W 1X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		Club Name(s)		NO RACE					
		Rank							
		Elapsed							

12:40 PM Race #	<b>29</b>	<b>Event 33</b>	<b>M M C+1X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		NSRC-2	HRC-1	NSRC-1	NSRC-3	FRC			
		Club Name(s)	Ted Mussett	Paul Shaw	Bob Mills	Barry Burgess	Roger Tremblay		
		Rank	4	2	1	3	Scratch		
		Elapsed	4.33.06	3.54.93	3.51.00	4.02.72			
		Elapsed							

12:50 PM Race #	<b>30</b>	<b>Event 34</b>	<b>JR M 4X</b>	<b>FINAL</b>					
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5			
		KRC-2	KRC-2	FRC	NFLD	KRC-1			
		Club Name(s)	Keegan Drummond Greg Theriault Chris Cronk Colin McAskill	Adam Melanson Ky Hughson Ben Charron Robert Forestell	Adam Shea Alan Butler Ben Colbourne Dave Ryan	Greg Tomney Brian Peters Ben Valcour Devon McGrath			
		Rank		2	4	1	3		
		Elapsed		3.32.78	3.53.09	3.31.09	3.35.82		
		Elapsed							

1:00 PM Race #	<b>31 Event 35 N W 2X FINAL</b>				
Club Name(s)	Lane 1 HRC Kerith Gordon Kate Elbourne	Lane 2 BRC Roxanne Malouf Amélie Viens	Lane 3 MMRC Abby Hunter Erin Kaiser	Lane 4 KRC-2 Kelly Martinell Kaitlynn MacVey	Lane 5 NFLD-3 Allison Delong Alyssa Devereaux
Rank	4	1	3	5	2
Elapsed	4.56.00	4.16.63	4.54.34	5.03.72	4.28.90

1:10 PM **BREAK**

1:20 PM Race #	<b>32 Event 36 SR M 4- FINAL</b>				
Club Name(s)	Lane 1	Lane 2 MMRC Tony Landry Chris Williams Pierre Poirier Pat Cody	Lane 3 NSRC devin Gordon Pat Convey Dan Murray Mike Doleman	Lane 4 KRC Patrick Forrestell Greg McGuire Nathan Blais Mark Blanchard	Lane 5
Rank		1	Scratch	2	
Elapsed		3.28.56		3.47.69	

1:30 PM Race #	<b>33 Event 37 M W C+ 2X FINAL</b>				
Club Name(s)	Lane 1 MMRC-2 Sue Duann JK Keeping	Lane 2 NFLD Karen Kavanaugh Sally Dean	Lane 3 HRC-1 Bonnie Anderson Lesley Griffiths	Lane 4 HRC-2 Diane D'Arcy Laurie Niven	Lane 5 NSRC G. Lesins-Cooper Carolyn Mills
Rank	3	1	4	5	2
Elapsed	4.28.12	4.19.13	4.33.20	4.36.37	4.22.37

1:40 PM Race #	<b>34 Event 38 JR M 4+ FINAL</b>				
Club Name(s)	Lane 1 KRC-2 Conor Griggons John Ritchie Cameron Reid Ethan Drummond Robin Overing	Lane 2 NFLD Mark Hayward Adam Shea Paul Popescu Paul Hussey Chris Clark	Lane 3 KRC-3 C. Cronk Chris Cronk Mike Craig Rob Alexander Patrick Forestell	Lane 4 FRC Sophie Forestell Adam Melanson Ky Hughson Ben Charron Robert Forestell	Lane 5 KRC-1 Jessica Flynn Keegan Drummond Greg Theriault Ned O'Brien Colin McAskill
Rank	2	3	4	5	1
Elapsed	3.39.03	3.42.32	3.57.42	4.12.81	3.34.69

1:50 PM Race #	<b>35 Event 39 SR W 1X FINAL</b>				
Club Name(s)	Lane 1 NSRC-1 Kirsten Blom Next fastest	Lane 2 MMRC-1 Sarah Mitchell 1st Heat 2	Lane 3 NSRC-3 Michelle Mussett 1st Heat 1	Lane 4 NSRC-4 Erin Pegg 2nd Heat 1	Lane 5 FRC-1 Janice Lawrence 2nd Heat 2
Rank	5	1	2	3	4
Elapsed	4.32.07	4.14.56	4.21.15	4.23.94	4.25.09

2:00 PM Race #	<b>36 Event 40 SR M 2X FINAL</b>				
Club Name(s)	Lane 1 NFLD-1 Ben Colbourne Adam Power	Lane 2 BRC R. Garon-Gendron Vincent Coté	Lane 3 MMRC Chris Williams Tony Landry	Lane 4 NSRC-1 Devin Gordon Pat Convey	Lane 5 HRC Erik Lindiner Arnd Garshch
Rank	5	2	4	1	3
Elapsed	3.46.43	3.25.19	3.30.37	3.24.62	3.30.30

2:10 PM **BREAK**

2:20 PM Race #	<b>37 Event 41 JR W 4+ FINAL</b>				
Club Name(s)	Lane 1 NFLD-2 Mark Hayward Heather Stone Elizabeth Howard Stephanie Boland Katie Bruce	Lane 2 KRC-1 Jessica Flynn Kathleen Owens Erika Gagnon Jenn Bergeron Maggie MacVey	Lane 3 NFLD-1 Andrew Orsborn Stephanie Davis Amanda Ryan Carisa Collins Allison Peach	Lane 4 FRC-1 Danielle Caravan Simone Charron Michelle Roy Hannah Langile Laura Corscadden	Lane 5 FRC-2 Linnea Fetter Christina Hawkins Sophie Forestell Jessica Seguin Rob Forestell
Rank	4	1	3	2	5
Elapsed	4.33.81	4.05.19	4.12.30	4.11.28	4.43.25

2:30 PM Race # **38 Event 42 SR W 4- FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		FRC Stesha Gruttner Elaine Bliss Lindsay May Jenn Fitzpatrick	KRC Erin Moir Ashley Ferguson Heather Peddle Kelly Martinell	MMRC Keelin Greenlaw Christine Sharp Sarah Mitchell Emily Duann	MMRC (EHXIB.) Karen Kavanaugh Sally Dean Sheri Vautour JK Keeping Julie Swinimer
Rank		2	4	1	3
Elapsed		4.07.60	4.58.90	3.52.09	4.29.19

2:40 PM Race # **39 Event 43 M M C+ 2X FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		NSRC Barry Burgess Steve MacIntosh	NSRC Peter Webster Bob Mills	HRC Paul Shaw Mike Noddin	KRC-1 Henry Flood Volker Nolte
Rank		3	1	4	2
Elapsed		3.49.94	3.37.60	4.26.03	3.49.50

2:50 PM Race # **40 Event 44 N M 4+ FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		KRC-1 Jessica Flynn Ned O'Brien Cameron Reid Robin Overing Rob Alexander	NFLD Andrew Orsborn Adam Shae Paul Popescu Neal Willcott Art Bouman	KRC-2 C. Cronk Mike Craig Kathleen Owens Nathan Blais Alex Roscoe	
Rank		1	2	3	
Elapsed		3.44.00	4.05.59	4.12.18	

3:00 PM Race # **41 Event 45 SR M 8+ FINAL**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		KRC-2 Connor Gribbons Patrick Forrestall Ben Valcour Rob Alexander Mike Craig Chris Cronk Robin Overing Nathan Blais Alex Roscoe	KRC-1 Jessica Flynn Keegan Drummond Greg Theriault Ethan Drummond Greg McGuire John Ritchie Colin McAskill Brian Peters Greg Tomney	MM/NS/HRC Sarah Mitchell Devin Gordon Patrick Convey Daniel Murray Tony Landry Chris Williams Greg Scherkoske Arnd Garsuch Erik Linder	
Rank		3	2	1	
Elapsed		3.45.91	3.26.22	3.15.22	

3:10 PM **BREAK**

3:20 PM Race # **42 Event 46 SR M 8+ DASH**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
Club Name(s)		HRC/MM/NS Sarah Mitchell Devin Gordon Patrick Convey Daniel Murray Tony Landry Chris Williams Greg Scherkoske Arnd Garsuch Erik Linder	KRC-2 C. Cronk Chris Cronk Patrick Forrestall Ben Valcour Rob Alexander Mike Craig Alex Roscoe Robin Overing Nathan Blais	NFLD Mark Hayward Adam Shea Adam Power Paul Husey Chris Clark Alan Butler Paul Popescu Neal Willcott Dave Ryan	KRC-1 Jessica Flynn Keegan Drummond Greg Theriault Ethan Drummond Greg McGuire John Ritchie Colin McAskill Brian Peters Greg Tomney
Rank		1	4	3	2
Elapsed		1.34.50	2.14.19	1.48.62	1.40.42

3:30 PM **BREAK**

3:40 PM Race #

<b>43 Event 47 SR MIX 8+ DASH FINAL</b>								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
Club	KRC-2	NFLD	MMRC	KRC-1	NSRC	FRC		
Name(s)	Gibbon Ned O'Brien Colin McAskill Jenn Bergeron Kathleen Owens Ashley Ferguson Kelly Martinell Cameron Reid Mark Blanchard	Mark Hayward Adam Shea Adam Power Paul Husey Chris Clark Heather Stone Stephanie Davis Stephanie Boland Allison Peach	Julie Swinimer Tony Landry Chris Williams Pierre Poirier Sarah Mitchell Hana Nelson Christine Sharp Keelin Greenlaw Emily Duann	Jessica Flynn Keegan Drummond Mark Blanchard Kristen Flood Greg McGuire Heather Peddle Greg Theriault Erika Gagnon Maggie MacVey	Connor Gribbons Devin Gordon Pat Convey Ashley Mumford Dan Murray Erin Pegg Michelle Mussett Kirsten Bom Kendra Macdonald	Sophie Forestell Pat Cody Alexandra Maher Janice Lawrence Adam Malanson Elaine Bliss Stesha Gruttner Kevin Lunn Simone Charron		
Rank	6	2	1	4	5	3		
Elapsed	2:00.48	1:42.60	1:41.30	1:51.25	1:59.15	1:47.03		

3:50 PM **MEDALS CEREMONY (OAKWOOD HOUSE)**